

2006 – Rev 1

Senior Sources

A Directory of Useful Information

Waukesha County Department of Senior Services
Administration Center
1320 Pewaukee Road, Room 130
Waukesha WI 53188
Phone - (262) 548-7828
Fax - (262) 896-8273
<http://www.waukeshacounty.gov>

Mission Statement

The mission of the Waukesha County Department of Senior Services is to affirm the dignity and value of older people through services, support and opportunities, which promote choice, independence and community involvement

The Department of Senior Services intends to fulfill this mission with the assistance of our partners: older people and their families, and the community as a whole including business, community agencies and all levels of government.

We hope that you will find “Senior Sources” helpful. Please contact our Department if you need any further assistance.

Cathy Bellovary, Director
Waukesha County Department of Senior Services

This publication may be translated or interpreted in other languages - Call (262) 548-7828 for assistance.

"Senior Sources" is a publication of the Waukesha County Department of Senior Services whose purpose is to provide a source of useful and reliable information about services and programs for older people in Waukesha County. These services and programs are provided by the Department of Senior Services, as well as many other agencies and organizations involved with older people. Included is general information, including eligibility requirements, fees or donations when known. If more details are needed, call the telephone number listed or the Department of Senior Services Information & Assistance line at (262) 548-7828, 8:00 am – 4:30 pm, Monday-Friday.

The Department of Senior Services does not endorse, rate, comment, or evaluate resources, programs, or providers; therefore, the Department of Senior Services does not assume, warrant, or guarantee the quality of services provided. The Department of Senior Services does not imply any sort of endorsement by inclusion in this resource directory. All information in this booklet is based upon the best information available at the time of publication, and the Department of Senior Services assumes no responsibility for changes, errors or omissions.

The publication of Senior Sources is supported in part by funds provided by Southeastern Wisconsin Area Agency on Aging, District IIB, Inc., the State of Wisconsin Bureau on Aging and Disability Resources and U.S. Department of Health and Human Services.

TABLE OF CONTENTS

| Topic | Page Number |
|--|--------------------|
| Basic Needs Assessment | 7 |
| AARP | 23 |
| Abuse / Neglect / Fraud of Older People | 22 |
| Adult Day Centers | 37 |
| Advocacy Benefits..... | 23 |
| Alcohol and Other Drug Abuse | 61 |
| Alzheimer's Disease..... | 63 |
| Better Business Bureau | 27 |
| Blind - Services for the | 73 |
| Caregivers..... | 25 |
| Caregiver Education..... | 20 |
| Chore Services..... | 41 |
| Community Options Program..... | 41 |
| Consumer Assistance | 27 |
| Counseling | 30 |
| Deaf, Services for the..... | 74 |
| Dental Services | 74 |
| Dialysis Centers | 75 |
| Disabilities-Services for People with | 121 |
| Driving Evaluations | 68 |
| Education | 33 |
| Emergency | 16 |
| Employment | 35 |
| Family Support Services | 37 |
| Adult Day Centers | 37 |
| Chore Services (Lawn/Snow/Leaves) | 41 |
| Clothing / Personal Goods | 42 |
| Emergency Alert Services | 43 |
| Home Health Care (Personal Care) | 38 |
| Homemaker Services (Housekeeping) | 45 |
| Respite Care (Caregiver Assistance)..... | 47 |
| Support Groups | 52 |
| Financial Assistance (T-19, Energy Services) | 52 |

| Topic | Page Number |
|--|--------------------|
| Food | 54 |
| Food Pantries | 55 |
| Meals – Home Delivered, Senior Dining Centers..... | 57 |
| Fraud..... | 24 |
| Geriatric Assessment/Screenings | 65 |
| Government Contacts | 137 |
| Health & Human Services Department | 64 |
| Hearing Impaired..... | 74 |
| Hospice Care | 69 |
| Hospitals | 82 |
| Housing Options | 84 |
| Adult Family Homes | 106 |
| Assisted Living | 95 |
| Emergency Shelter | 87 |
| Group Homes (CBRFs)..... | 98 |
| Home Maintenance | 108 |
| Independent Living | 90 |
| Moving Assistance | 108 |
| Nursing Homes..... | 107 |
| Placement Assistance | 86 |
| Rent Assistance/Counseling/Mediation..... | 109 |
| Residential Care Apartment Complexes | 96 |
| Subsidized Rental Housing | 88 |
| Information - 800 Numbers | 129 |
| Insurance | 110 |
| Law Enforcement Agencies | 111 |
| Legal Assistance | 112 |
| Leisure Activities/Recreation..... | 115 |
| Library Information | 118 |
| Low Income Medical Services..... | 76 |
| Mediation Center..... | 113 |
| Medical Equipment Loans/Information..... | 72 |
| Mental Health & AODA Services..... | 61 |
| Medical Assistance Hotline | 53 |
| Medicare | 24 |
| Mental Health Center | 62 |

| Topic | Page Number |
|--|--------------------|
| Nail, Foot, Haircare | 69 |
| Parks | 81 |
| Pets/ Wildlife | 120 |
| Physician Referral & Information..... | 77 |
| Public Health Information | 79 |
| Quick Reference Phone Directory..... | i |
| Recreational Activities | 115 |
| Respite Care | 47 |
| Respite Facilities – In County..... | 49 |
| Respite Facilities – Out of County | 51 |
| Senior Centers | 119 |
| Senior Dining Centers in Waukesha County | 58 |
| Senior Olympics | 25 |
| Social Security | 54 |
| Transportation page | 122 |
| Rental Vehicles | 127 |
| Rideline | 122 |
| Senior Shuttle..... | 124 |
| Taxi | 123 |
| Travel Tips | 115 |
| Veteran Services Office | 25 |
| Volunteer Opportunities | 128 |
| Websites/Online Information | 134 |

BASIC NEEDS ASSESSMENT

To Have a Good Life

A survey of thousands of people in 15 countries shows what respondents say they need in order to continue to have a good life:

1. Being able to go about one's business independently - free of physical burdens.
2. Being able to see and hear well.
3. Have energy & pep.
4. Have mobility - able to participate in normal activities.

To Maintain A Good Life

The first step is identification of all of one's needs in order to arrange resources and services that fit those needs. There are many suggestions and resources to make the home safer and decrease the chance of accidents while increasing the feeling of safety and security. Other services or suggestions will enable a person to maintain a lifestyle that suits him or her while successfully managing his or her chronic conditions.

The following **Basic Needs Assessment** is provided with possible suggestions and/or solutions to meet those needs. An individual may assess himself/herself and set up helpful services. A family meeting is suggested to determine who is able to assist with various tasks and which tasks the individual can complete. If hospitalized, ask the discharge planner (nurse or social worker) to assess all appropriate needs before going home. The discharge planner will work closely with the Department of Senior Services (DOSS) to determine companies providing those services to allow for continuity of care as well as possible funding sources. The remaining items on the assessment are the tasks that the Department of Senior Services resource directory can assist you with. The following information is provided to assist you and your loved one in obtaining ideas and services available.

To Assess Yourself or Your Loved One

The section heading identifies an area where help may be needed. The three divisions below the section heading list the various degrees of help an individual may need. Each section then provides suggestions regarding resources and/or services available to help meet the needs of the individual.

Independent: An individual that is independent is able to take care of the majority of their needs.

Needs Some Help: An individual may require some help from others to maintain safety and keep the person where they choose to live.

Totally Dependent: The individual is totally dependent and requires a caregiver to monitor all needs.

The resources listed in the beginning of the book provide telephone numbers and a description of services. Please remember to call and compare services, costs per hour and minimums before arranging services.

BASIC NEEDS ASSESSMENT

Bathing

- ☐ Independent: Individual is able to shower or bathe on their own.
- ☐ Needs some help: Individual requires a personal assistant present while showering or bathing.
- ☐ Totally dependent: Individual must rely completely on others for bathing tasks.

Suggestions to help with bathing:

- Install grab bars in shower/tub area
- Purchase bath bench or tub chair.
- Install hand-held showerhead
- Consider having personal aide to assist with bathing.
- Call the Department of Senior Services for assistance obtaining any of the above items at (262) 548-7828.

Toileting Concerns

- ☐ Independent: Individual is continent.
- ☐ Needs some help: Individual is incontinent at times; wears briefs or pads.
- ☐ Totally dependent: Individual is dependent on others to meet all elimination needs.

Suggestions for toileting concerns:

- Purchase briefs or incontinence pads.
- Consider consulting a urologist if urination seems frequent or excessive.
- Consult with medical personnel for information on catheter care.
- Consider purchasing a raised toilet seat and installing grab bars to ensure safety.

Ambulation

- ☐ Independent: Individual is able to walk with ease.
- ☐ Needs some help: Individual needs assistance of wheelchair or scooter, but can maneuver with little assistance.
- ☐ Totally dependent: Individual is unable to walk or use an assistive device and must rely on others for ambulation assistance.

Suggestions for ambulation:

- If individual needs an ambulation device, contact the individual's doctor for a prescription.
- If individual is confined to bed, consider purchasing alternating bed pad to keep pressure points or bedsores from forming.
- Consult doctor for range of motion exercises to keep individual's muscle tone firm.
- Contact the Department of Senior Services at (262) 548-7828 for assistance with ramps, railings, or grab bars to aid in safe ambulation.

Swallowing

- ☐ Independent: Individual has no swallowing difficulties.
- ☐ Needs some help: Individual has difficulty swallowing; reminders to swallow may be needed.
- ☐ Totally dependent: Individual is unable to swallow.

Suggestions for swallowing concerns:

- If individual has difficulty swallowing, it may be helpful to thicken liquids to make swallowing easier.
- Consult with physician regarding appropriate methods to use to lessen swallowing difficulties.

Use of utensils

- ☐ Independent: Individual is able to hold utensils by themselves.
- ☐ Needs some help: Individual requires adaptive equipment to eat.
- ☐ Totally dependent: Individual must be fed by others.

Suggestions for using utensils:

- Obtain adaptive eating aids from a durable medical equipment supplier. They have items such as swivel spoons, high sided dishes, foam plate guards, etc.

Food – cooking, obtaining food

- ☐ Independent: Individual is able to cook and shop independently
- ☐ Needs some help: Individual needs some assistance with cooking and shopping.
- ☐ Totally dependent: Individual relies completely on others for meal preparation and shopping.

(Food – continued)

Suggestions for food-cooking/obtaining food:

- Family prepares meals and freezes them for individual to reheat at a later date.
- Local restaurant prepares and delivers food.
- Individual can attend a congregate dining center for seniors.
- For those who need Home Delivered Meals, contact the Department of Senior Services at (262) 548-7828 for a list of private meal providers or to apply for meals provided by the county.
- Contact the Department of Senior Services for assistance with grocery shopping. A referral to Interfaith for this service can be considered.
- Utilize the food pantries in Waukesha County. Call 2-1-1 for a list of pantries in your area.

Grocery shopping

- ☐ Independent: Individual is able to shop independently.
- ☐ Needs some help: Individual requires some assistance from others to obtain groceries.
- ☐ Totally dependent: Individual is dependent on others to grocery shop for them.

Suggestions for grocery shopping assistance:

- Family, friends, or neighbors can provide grocery shopping for the individual.
- Utilize a private service that will deliver groceries to the individual's home.
- Contact the Department of Senior Services at (262) 548-7828 for a referral to Interfaith for a volunteer to shop for the individual.

Transportation

- ☐ Independent: Individual is able to drive safely, has valid license, could pass driver road and written test; does not get lost.
- ☐ Needs some help: Individual has limited driving ability; must rely on others to supplement at times.
- ☐ Totally dependent: Individual must rely completely on others for transportation.

Suggestions for assistance with transportation:

- Enlist help of family, friend, or neighbor.
- Utilize Waukesha County's subsidized transportation (RideLine and Taxi programs). To register, call (262) 548-7828.
- Contact Interfaith Caregiving Network at (262) 549-3348 and request a volunteer driver.

Housing

- ☐ Independent: Individual is able to live alone in home or apartment.
- ☐ Needs some help: Individual is able to live alone but requires supportive services from others to do so.
- ☐ Totally dependent: Individual requires 24-hour care and can not be left alone.

Suggestions for housing:

- Live with family member and contribute towards rent and/or utilities.
- Consider subsidized apartments for seniors. Call the Department of Senior Services at (262) 548-7828 for a listing of these locations.
- For individuals with adequate financial resources who can privately pay, consider an assisted living facility. These facilities cost approximately \$3500/month but are able to provide many services.
- Consider making a referral for long term care funding with the Community Options Program by calling (262) 548-7212. This funding source can help with attendant care or community based residential facilities for older or disabled adults.
- For individuals with private financial resources, consider moving to a community based residential facility (CBRF). Contact the Department of Senior Services for a list of facilities in Waukesha County.
- Consider a nursing home for individuals who require 24-hour care and have no private funds with which to purchase alternate living arrangements.

Homemaker

- ☐ Independent: Individual is able to clean independently.
- ☐ Needs some help: Individual needs some assistance from others with cleaning.
- ☐ Totally dependent: Individual requires complete assistance from others and can do no homemaking tasks.

Suggestions for homemaker assistance:

- Have family or friend assist with cleaning tasks.
- Hire a homemaker company. Call the Department of Senior Services at (262) 548-7828 for information on companies and for possible assistance with funding.

Chores

- ☐ Independent: Individual is able to cut grass, shovel snow, rake leaves, grocery shop, or run errands.
- ☐ Needs some help: Individual requires the assistance of others in performing some chores.
- ☐ Totally dependent: Individual requires total assistance for all chores.

(Chores – continued)

Suggestions for assistance with chores:

- If there is a church affiliation, contact the church and ask whether any congregation members volunteer to help with chores.
- Consider holding a family meeting to decide who can do what, and to create a task list.
- Contact the Department of Senior Services at (262) 548-7828 for a referral to Interfaith's Caregiving Network.
- Consider moving to an assisted living facility.

Activity

- ☐ Independent: Individual is able to socialize by self and plan activities.
- ☐ Needs some help: Individual needs suggestions for leisure activities or needs someone else to organize activities.
- ☐ Totally dependent: Individual needs complete assistance for activity programming.

Suggestions for activities:

- Attend a senior center in the community (for those independent or needing some help.)
- Enroll in an adult day center for cognitive stimulation and respite for the caregiver (for those individuals who are totally dependent).
- Contact the Department of Senior Services at (262) 548-7828 for possible help with funding for adult day centers.

Isolation

- ☐ Independent: Individual is socially active.
- ☐ Needs some help: Individual relies on others for most socialization activities.
- ☐ Totally dependent: Individual is very isolated; depends totally on others for socialization.

Suggestions for isolation:

- Contact the Department of Senior Services at (262) 548-7828 for information on senior center locations and hours.
- Contact the Department of Senior Services for information on adult day centers.
- Contact the Department of Senior Services for a referral for a volunteer friendly visitor or for a special needs visitor.
- Contact the Department of Senior Services for information on leisure or recreational opportunities.

Confusion/memory concerns

- ☐ Independent: Individual has no memory deficits.
- ☐ Needs some help: Individual has slight memory impairments.
- ☐ Totally dependent: Individual has severe memory loss.

(Confusion/memory – continued)

Suggestions for confusion/memory concerns:

- If individual has no memory deficit, encourage them to complete a power of attorney for finance and healthcare so that their wishes will be followed in the future if they would become incapacitated.
- If individual is experiencing memory problems, make an appointment for a geriatric assessment with Senior Health Center at Waukesha Memorial Hospital at (262) 928-7898.
- Talk with doctor about medications available to slow memory loss.
- If individual has severe memory loss, consider an appointment to determine competency. If deemed incompetent and there is no Power of Attorney for Healthcare and Finance, guardianship should be pursued for the individual. Contact the Department of Senior Services at (262) 548-7828 if the individual is in a potentially dangerous setting, or crisis intervention at Health and Human Services after hours and weekends at (262) 548-7731..

Behavior concerns

- ☐ Independent: Individual has no behavioral concerns.
- ☐ Needs some help: Individual acts out or displays combative behaviors.
- ☐ Totally dependent: Individual is very disruptive and can be violent.

Suggestions for behavioral concerns:

- If individual is disruptive, contact individual's doctor for consultation and/or medication to lessen agitation.
- Contact Waukesha Memorial Senior Health Center at (262) 928-7898 to schedule a geriatric assessment.
- If person becomes dangerous to self or others, call crisis intervention at Health and Human Services at (262) 548-7731, consider voluntary admission to a hospital, or if the individual refuses, call 911 to have police emergency detain the individual.

Medication cost concerns

- ☐ Independent: Individual has prescription drug coverage and/or is financially able to handle cost of medications.
- ☐ Needs some help: Individual needs assistance due to limited income or coverage.
- ☐ Totally dependent: Individual has no coverage for medications or needs reminders to take medications.

Suggestions for medication costs:

- Contact the Department of Senior Services at (262) 548-7828 for a referral to St. Joseph's Clinic or for a referral to the benefit specialist for insurance concerns.
- Consider asking the doctor for sample medications.
- Call the Department of Senior Services to inquire about use of a medication monitor machine.
- Consider requesting the pharmacy to set up medications in pre-packaged bubble packs.

Medical equipment/supplies

- ☐ Independent: Individual has no need for specialized equipment. They are able to manage on their own.
- ☐ Needs some help: Individual needs special equipment or assistive technology.
- ☐ Totally dependent: Individual is totally dependent on others who use medical equipment in caring for the individual.

Suggestions for medical equipment/supplies:

- Contact the Department of Senior Services at (262) 548-7828 for assistance with grab bars, ramps, railings, or a handheld showerhead.
- Contact the individual's physician to see if a prescription can be written for other assistive equipment such as a Hoyer lift, wheelchair, walker, cane, hospital bed, etc.
- Consider purchasing items such as urinal, bed pan, commode, lift chair, incontinence pads, humidifier, soaking basin, eye drops, raised toilet seat, etc.

Medical/dental care

- ☐ Independent: Individual arranges own medical appointments; sees doctor independently.
- ☐ Needs some help: Individual contacts own doctor with assistance from family or friend.
- ☐ Totally dependent: Family or friend arranges or contacts doctor or dentist for individual and takes them to appointment.

Suggestions for medical/dental care:

- Contact the Department of Senior Services at (262) 548-7828 for information on low-income clinics available.
- Contact Visiting Physicians at (414) 543-9600 if individual is home bound and needs a medical appointment or home visit.
- Contact Mobile Dentist at (262) 786-4776 if dental appointment or home visit is needed.
- Contact the Department of Senior Services at (262) 548-7828 for Medicare or Medicaid concerns or problems.

Vision concerns

- ☐ Independent: Individual has no vision problems that limit functionality.
- ☐ Needs some help: Individual has some sort of visual limitation.
- ☐ Totally dependent: Individual is legally blind or blind.

Suggestions for vision concerns:

- Contact the Badger Association of the Blind for specialized equipment available or for specific information on services for the blind. They can be reached at (414) 258-9200.

(Vision – continued)

- Contact Kathy Murphy at the State Office for the Blind and Visually Impaired at (262) 548-5862 for adaptive equipment, low vision evaluations, and assistance with relearning of tasks for those who have vision loss.

Hearing concerns

- ☐ Independent: Individual has no significant hearing problem.
- ☐ Needs some help: Individual is hard of hearing.
- ☐ Totally dependent: Individual is deaf.

Suggestions for hearing concerns:

- Contact the Center for Deaf and Hard of Hearing at (414) 604-2200 for programs on hearing loss in older people, senior hearing screening, and general information. The center also has special equipment for person with hearing loss. Call for details.
- Contact the Wisconsin office of Deaf and Hard of Hearing at (262) 521-5128 for interpreter services, housing, and accessibility issues.

Poor circulation

- ☐ Independent: Individual has no problems with circulation.
- ☐ Needs some help: Individual has poor circulation.
- ☐ Totally dependent: Individual has extremely poor circulation and can barely walk.

Suggestions for poor circulation:

- Elevate legs often
- Obtain regular nail care.
- Wear appropriate shoes for weather conditions.
- Exercise to keep joints limber.
- Obtain a physician's order for wound care by a home health agency if individual has open sores.
- Purchase an alternating pressure pad for individual's bed.
- If lift mechanism is needed (Hoyer lift), contact the physician for written prescription for this item.

Oxygen use

- ☐ Independent: Individual needs no oxygen.
- ☐ Needs some help: Individual utilizes oxygen for part of the day or evening.
- ☐ Totally dependent: Individual on oxygen 24 hrs/day.

Suggestions for oxygen use:

- Apply petroleum ointment to nose to keep from drying out.
- Do not smoke when oxygen tanks are present or when oxygen is in use!
- Keep individual's head elevated when in prone position.

Falls

- ☐ Independent: Individual is steady on feet.
- ☐ Needs some help: Individual falls occasionally.
- ☐ Totally dependent: Individual falls frequently and is a potential danger to themselves because of falling.

Suggestions for preventing falls:

- Use a walker that protects on 3 sides.
- Take up scatter rugs.
- Have good lighting.
- Walk outside with someone.
- Have an emergency alert system.
- Check blood pressure.
- Check blood sugar.
- Do not become dehydrated; drink water/not caffeinated products.
- Have vision evaluated.
- Evaluation for proper reflexes or feeling in feet.
- Unclutter living area.
- Have grab bars installed in bathroom area.
- Use shower or bath bench.
- Use raised toilet seat with side rails.
- Wear shoes that cover the toes.
- Make sure clothing is adequate length.
- Exercise daily.

NEED: **BENEFIT SPECIALIST**

A Benefit Specialist is a person trained to help older persons learn about and cut through the “red tape” of applying for or having difficulties with federal, state and county benefit programs. Call the Department of Senior Services Benefit Specialist at 262-548-7848 if you need help with the following:

- ◆ Social Security, SSI
- ◆ Medicare
- ◆ Insurance
- ◆ Financial problems, budgeting
- ◆ Housing
- ◆ Property taxes
- ◆ Medication
- ◆ Reverse Mortgage
- ◆ Food Stamps
- ◆ Medicaid (Title 19)
- ◆ Power of attorney for health care

EMERGENCY

In order to have the best outcome possible, victims of stroke need to be treated **within 3 hours** of the onset of symptoms. On average, most patients wait 22 hours to get help.

CALL 9-1-1 immediately **if you experience any of these symptoms:**

- Sudden numbness or weakness of the face, arm or leg, especially on one side of the body
- Sudden confusion, trouble speaking or understanding
- Sudden trouble seeing in one or both eyes
- Sudden trouble walking, dizziness, loss of balance or coordination
- Sudden, severe headache with no known cause

For more information, call 1-888-4-STROKE (1-888-478-7653)
Or Visit www.strokeassociation.org

Conditions which require the use **of the Emergency Service 911:**

- Profuse BLEEDING - apply pressure to the site
- Severe pain, a pressure-like feeling in the chest (In dementia: frown, grimace, wide open eyes or eyes closed tightly, crying, agitated, restless, wringing hands, clenching fists, moaning, no appetite, sleeplessness, disruptive, aggressive, refuses help/care, temperature, pacing.)
- Pain in abdomen (stomach area)
- Shortness of breath, difficulty breathing, or NO BREATHING
- Numbness, paralysis (unable to move a body part)
- Possible fracture – shoulder, arm, leg, hip, ankle, etc.
- After a fall
- NO PULSE
- Seizure
- Passing (urine or stool) or vomiting blood
- Face drooping or slurred speech or drooling

DEATH

**Always call 911 to report the death
when it occurs at home:**

Deceased with DNR orders:

Emergency medical staff calls police department to notify of a death. Police department calls medical examiner's office, who inquires about health conditions that could have caused death. Attempts are made to locate next of kin, funeral home instructions are given, and physician is located that will sign the death certificate. If all is in order, the medical examiner leaves and the family or responsible party contacts the funeral home for transport of the body. If there is no apparent cause of death or there is evidence of trauma or injury to the deceased; the medical examiner removes the body to the morgue for further investigation. The medical examiner will also remove the body if the deceased is a "John Doe" without next of kin or funeral instructions.

Deceased without DNR orders:

Emergency medical staff will attempt CPR if there is any sign of life. If resuscitation appears possible, the patient will be transported to the hospital as CPR continues. If CPR is unsuccessful and death results, the same procedure is followed as for death with a DNR order. If CPR is successful and the patient is transported to the hospital and subsequently dies, the family makes arrangements with the funeral home for transport. If there is no family, the deceased is removed to the hospital morgue until next of kin is located. If no one is located; the deceased becomes a ward of the state

WEATHER HELPFUL HINTS

To Keep Cool

Your body has a unique ability to maintain its normal temperature whether it is hot or cold outside. The hotter and muggier the weather, the harder the body has to work to keep cool. The heart beats faster and sweating cools the body but depletes the body of water and minerals. One must not exercise strenuously because muscle creates 20 times more heat when at work than at rest.

- Stay in air-conditioned building.
- Drink 2 - 4 glasses of water every hour during outdoor work to prevent dehydration.
- Wear light, loose clothing, a hat and use sunscreen as sunburn makes it difficult to shed heat effectively.
- Avoid waterproof or gel based sunscreens in very hot weather unless in the water. They cause the sweat to slide off instead of evaporating which is the natural cooling mechanism of the body.

To Keep Warm

- Wear layers of loose clothing - cover head & neck.
- Stay dry - body & hair.
- Bundle up when you go to bed - blankets, socks, long underwear.
- Eat nourishing meals and warm drinks.
- Avoid alcohol & caffeine.
- Stay in touch with people - have someone call you daily.
- Many drugs for high blood pressure, depression, nervousness, or sleeping often decrease a body's ability to keep warm.
- When going outside, wear mittens (not gloves), hat, warm coat with layers of clothes under it, more than 1 pair of socks and boots.

Weather conditions to be aware of:

Frostbite

Frostbite is damage to body tissue caused by freezing of the tissue. Frostbite causes a loss of feeling and a white or pale appearance in extremities, such as fingers, toes, ear lobes, or the tip of the nose. Get medical help immediately. If you must wait for help, slowly re-warm affected areas.

Hyperthermia

Hyperthermia is an acute condition resulting from excessive exposure to heat. It is also known as heat stroke. The homoeothermic regulatory mechanisms become overwhelmed and unable to effectively deal with the heat, and body temperature climbs uncontrollably. This is a serious medical emergency that requires immediate hospitalization.

Signs include increasing body temperature, dehydration and lack of sweating, seizures, collapse and decreased consciousness, which proceeds rapidly to multi-organ failure and death as the brain 'cooks'. Heat stroke comes on suddenly. Vigilance is required in order to prevent and treat this rapidly dangerous condition. The first and foremost symptom of a serious heat stroke is that the patient has stopped sweating. Because the evaporation of water is endothermic, body heat is taken away by the evaporation of sweat. When the body is no longer capable of sweating, core temperature will begin to rise immediately. The victim will become confused, often hostile, and may seem drunk. The temperature must be lowered immediately; the victim must be hydrated by drinking water. Other substances may be used in place of water if absolutely necessary; however alcohol and caffeine should be avoided at all costs.

Hypothermia

Hypothermia occurs when the body temperature drops too low. Warning signs include uncontrollable shivering, memory loss, disorientation, slurred speech, drowsiness, and apparent exhaustion. If a person's temperature is below 95°F (35°C), seek medical care immediately. If medical care is not available, begin warming the person slowly. Get the person into dry clothing and wrap them in a warm blanket covering the head and neck. Do not give the person hot beverages or food; warm broth is better. Do not warm extremities (arms and legs) first. This drives the cold blood toward the heart and can lead to heart failure.

Overexertion

Cold weather puts an added strain on the heart. Exercise such as shoveling snow or pushing a car can bring on a heart attack or make other medical conditions worse.

CAREGIVING

Caregiving is a great responsibility and challenge. The Department of Senior Services offers facilitation of a family meeting to determine which tasks can be done by whom, which tasks can be done at no charge, or a shared cost or private pay. This takes much of the stress off of the main caregiver and brings the family together with increased communication. Tasks include bathing, housekeeping (cleaning, laundry, refrigerator, and change bed linens), lawn & snow removal, transportation, obtaining and setting up medications; meals, nail care, paying bills, repairs on house or car, etc.

Twelve Steps for Caregivers:

1. Although I cannot control the disease process, I need to remember I can control many aspects of how it affects my relative and me.
2. I need to take care of myself so that I can continue doing the things that are most important.
3. I need to simplify my lifestyle so that my time and energy are available for things that are really important at this time.
4. I need to cultivate the gift of allowing others to help me, because caring for my relative is too big a job to be done by one person.
5. I need to take one day at a time rather than worry about what may or may not happen in the future.
6. I need to structure my day because a consistent schedule makes life easier for my relative and me.
7. I need to have a sense of humor because laughter helps to put things in a more positive perspective.
8. I need to remember that my relative is not being "difficult" on purpose; rather that his/her behavior and emotions are distorted by the illness.
9. I need to focus on and enjoy what my relative can still do rather than constantly lament over what is gone.
10. I need to increasingly depend upon other relationships for love and support.
11. I need to frequently remind myself that I am doing the best that I can at this very moment.
12. I need to draw upon a Higher Power, which I believe is available to me.

Reprinted with permission from The American Journal of Alzheimer's Care and Related Disorders & Research, November/December 1989.

Remember to preserve a loved one's sense of self & self-worth and try to see the world around them as they might be seeing it but always take care of yourself! Nurture their spirit by offering a smile, giving a compliment, asking an opinion, patting someone on the back, sharing a hug, offering help and calling someone by name.

PROTECT AGAINST CRIME

Precautions to Protect Yourself Against Crime

- Do not converse with, or provide information to, unknown telephone callers.
- Never prominently display or flash large amounts of money or valuables.
- Never tell strangers or discuss in public the amount of money you have or what valuables you own.
- Carry money in places other than purses or hip pockets.
- When possible, travel in the company of others.
- When walking or traveling in a car, choose busy and well-lit streets.
- Avoid walking close to buildings, shrubs, alleys or anything that may provide an assailant a hiding place.
- Avoid traveling, shopping or visiting in high crime areas.
- Never open the door without knowing who is there. If a stranger is unable to produce proper credentials, the door should not be opened.
- Keep all doors locked when in the home.
- When in the yard or garden, lock the doors in the house.
- Never leave the house without locking the doors and windows.
- When buying something or dealing with money, do not be distracted from the business at hand.
- Carry your purse close to the body to discourage purse-snatchers.
- Keep car doors locked when driving and keep windows rolled up enough to prevent others from reaching inside.
- When at stop signs, keep the car in gear.
- Always lock the car when leaving it.
- Never pick up a hitchhiker.
- Avoid deserted areas (such as public restrooms or laundry rooms).
- Be cautious about entering isolated areas (such as elevators and parking areas) when alone.
- Make sure that effective locks are on all doors and windows.
- Keep the area surrounding your home well lit.
- Take special care of your house and car keys.
- Attach no type of identification to your house or car keys.
- Have locks re-keyed when moving into a new residence.
- Women living alone should use last name and initials in telephone directories or on mailboxes.
- When leaving home for extended periods of time, plan to maintain your home's "lived-in" appearance and use timers.
- Mark valuable possessions with an electric etching tool.
- Be wary of financial or business opportunities that are "too good to be true". They usually are.
- Sign no contract until a knowledgeable person, such as a lawyer or banker, has checked it.

- Give no advance money to persons who come to the door and offer to perform home or yard services. Business transactions with traveling repair persons should be avoided.
- Avoid hiding house or car keys. Criminals know most of the hiding places.
- Before entering a car, check to see if anyone is hiding in it.
- When returning home, have your keys ready to open the door immediately.
- Try not to keep a large amount of money or valuable items in the home.
- Do not state your name on your answering machine message. "I am unable to answer the phone right now, please leave your name and number and I will get back to you as soon as possible."
- Report any and all crimes or attempted crimes to the police.

ABUSE / NEGLECT / FRAUD OF OLDER PEOPLE

Waukesha County Department of Senior Services

1320 Pewaukee Road, Room 130, Waukesha WI 53188

.....(262) 548-7828

..... FAX (262) 896-8273

Days/Hours: Monday – Friday, 8am - 4:30pm. After hours, weekends or holidays, call your local law enforcement agency.

Service: Reports of elder physical, material or emotional abuse, neglect or self-neglect which do not occur in a licensed facility or a licensed home care agency are investigated. Callers who report abuse may choose anonymity.

State of Wisconsin Board on Aging and Long-Term Care

Ombudsman 819 N 6th St Rm 619 Milwaukee WI 53202

.....(800) 815-0015

Service: Reports of improper treatment of older people and the disabled receiving long-term care in state-licensed agencies or facilities such as nursing homes and group homes will be investigated if the mistreatment is by an employee.

Division of Disability & Elder Services: Bureau of Quality Assurance and Nursing Home Care Concern

.....(414) 227-5000

**CBRF, Adult Family Home, Adult Day Care, Residential Care
Apartment Complex Care Concern**(414) 227-2005
(414) 227-4533
(414) 227-4565
Service: Obtain information regarding any claims filed against
 a facility.

Veterans Office (Consumer Affairs)202) 273-5770
Service: Concerns or complaints about services at VA
 facilities.

Veterans' Service Office(262) 548-7732
 500 Riverview Ave Waukesha WI 53188
Service: Information, advocacy and assistance for veterans
 and their families concerning financial aid and other benefits.

ADVOCACY BENEFITS

AARP Membership(888) 687-2277
 American Association of Retired Persons (also in Spanish)

Alliance for Retired Americans(888) 633-4435
ADD(800) 333-7212
Membership(888) 373-6497
Service: Advocacy for seniors nationwide. Provides current
 information legislation & policies affecting seniors.
www.retiredamericans.org

Bureau of Aging and Disability Resources
(608) 266-2536
 1 W Wilson St. # 450, P.O. Box 7851 Madison WI 53707
Service: State Office on Aging

Consumer Product Safety Commission(800) 638-2772
Service: Hotline for questions and complaints about
 hazardous consumer products and product recall information.

Division of Disability & Elder Services(414) 227-2005
Service: Handles licenses of CBRF & Adult Family Homes;
 certifies Adult Day Care and takes complaints on the above.

Federal Trade Commission(202) 326-2222
 For advertising & investment frauds and freedom of
 information act information. www.ftc.gov

Fraud - Report of possible cases of fraud(262) 548-7117
 Waukesha County Sheriff
Service: Call to report incident to be investigated.
 OR contact your local police department where you live.

Gray Panthers(800) 280-5362
Service: Advocates health care, housing, safe environment,
 education and peace for the elderly.

Hispanic Community Health and Resource Center (HCHRC)
(262) 928-4181
 210 NW Barstow #109 Waukesha WI 53186
Service: Resources in Spanish.

Independence First(414) 291-7520, Ext 8331
 Benefit specialists for people under 60.

IRS Taxpayer Advocate(877) 777-4778
Service: Taxpayer advocates regarding Federal tax problems.

La Casa de Esperanza(262) 547-2856
 410 Arcadian Avenue Waukesha WI 53186
Service: Advocacy for Hispanics in community

Medicare Plus Choice Information & Part D(877) 333-0202
Medicare Parts A and B(800) 633-4227

Medicare Fraud Investigation Hotline(800) 447-8477
Customer Service(414) 224-6000
Fraud Reporting(800) 633-4227
Out of Milwaukee Area(800) 558-1584
 If you suspect fraud, or have any questions about a bill, call
 the Medicare carrier or intermediary who sent the payment
 notice.
National Medicare Fraud Hotline(800) HHS-TIPS
(800) 447-8477

National Fraud Information Line(800) 876-7060

Office of the Commissioner of Insurance(800) 236-8517
PO Box 7873 Madison, WI 53707-7873
125 S Webster St., Madison 53702
Service: Regulates & enforces insurance laws, agent licensing.

Southeastern Wisconsin Area Agency on Aging
..... (262) 821-4444 or (877) 333-0202
..... Fax (262) 821-4445
125 N. Executive Drive Suite 102, Brookfield 53005

Waukesha County Department of Senior Services
.....(262) 548-7828
1320 Pewaukee Road Room 130, Waukesha 53188

Waukesha County Veterans Services.....(262) 548-7732
500 Riverview Avenue, Waukesha WI 53188

Wisconsin Senior Olympics(262) 821-4444
.....(877) 333-0202
..... Fax (262) 821-4445
125 N Executive Drive #102 Brookfield WI 53005
aging@sewaaa.com
Operating Agency: Southeastern WI Area Agency on Aging,
Inc. Eligibility: 50 years and over

Women's Center, Inc(262) 547-4600
Legal Advocacy Project(262) 547-4600
..... Fax (262) 522-3882
726 N East Avenue Waukesha WI 53186
Service: Assists women in obtaining restraining orders, some attorney referrals, counseling, employment counseling, and shelter for victims of domestic violence and sexual assault. Support group for grandparents parenting grandchildren plus respite.

CAREGIVERS

Adult and Aging Resources ProHealth Care
Oconomowoc Memorial Hospital(262) 569-9400
Waukesha Memorial Hospital(262) 928-4337
Service: Information and assistance to adults and seniors.

Alzheimer's Association of Southeastern Wisconsin
..... (414) 479-8800 or (800) 272-3900
6130 W. National Ave. Milwaukee WI 53214
www.alzheimers-sewi.org
Service: 6-week caregiver training and various support groups.

American Association of Retired Persons (202) 434-2277
Children of Aging Parents (800) 227-7294
Web address: <http://www.caps4caregivers.org>
Provides caregivers with information referrals, and a network of support groups.

Caregiving Online <http://www.caregiving.com>
This website offers online support through a newsletter

Careguide.com <http://www.careguide.com>
This website is a personal resource for caregivers

Care Planner/Senior Care Web..... <http://www.careplanner.org>

Eldercare Locator(800) 677-1116
This is a nationwide service for finding area agencies on aging. These agencies can help to find services such as adult day care, home aids, and social workers in your area.

Empowering Caregivers <http://www.care-givers.com>
Get an online caregiver newsletter

National Administration of Aging.....(202) 619-0724
Web address - <http://www.aoa.gov>

National Caregiving Foundation(800) 930-1357
Offers advice on all aspects of caregiving.

National Family Caregivers Associations(800) 896-3650
Provides resource referrals and information for caregivers.

Senior Service, Waukesha Co. Dept of.....(262) 548-7848
-Senior Services Caregiver Resource Library:
Books, tapes and printed material on all caregiving issues are loaned on a monthly basis. Items can be mailed to the caregiver's home. Topics include Alzheimer's, stroke, Parkinson's, mental health and general caregiver needs.

Monthly Caregiver Newsletter: Call to be placed on the mailing list.

-Taking Care of You Training-Powerful Tools for Caregiving:

Powerful Tools For Caregiving is a six-week curriculum that helps caregivers build effective communication skills, reduce personal stress, set important and realistic goals, learn how to make tough decisions, and communicate effectively with medical staff. Call for details and times

-Grandparents/Raising and Nurturing Dependent Children

Newsletter: Offering support and information.

-GRAND-Waukesha County Resource Guide for

Grandparents/Relatives Raising And Nurturing

Dependent Children: Vital county information on child care, counseling, education, financial, health, housing, legal and parenting again concerns. Call Senior Services at (262) 548-7848 or the Self Help Court at (262) 548-7524.

-The Caregivers Handbook: Assisting both caregivers and care receiver..... <http://www.acsu.buffalo.edu/~drstall>

Well Connected ProHealth Care

Waukesha and Oconomowoc Memorial Hospital

.....(262) 928-4337

Service: Information and assistance to adults and seniors.

The Well Spouse Foundation(800) 838-0879

Web address..... <http://www.wellspouse.org>

CONSUMER ASSISTANCE

AARP Tax Aide Program: A service provided in cooperation with the federal IRS.

Service: Assistance in completing tax forms at many sites in Waukesha County from February 1-April 15.

Cost: No charge. **Eligibility:** Low to moderate-income senior citizens. **Intake:** Contact Department of **Senior Services** at (262) 548-7848 for location in your community.

Better Business Bureau serving WI.....(414) 847-6000

Service: Combat consumer fraud – complaints and reports on companies

Consumer Credit Counseling Services(414) 482-8801

414 W. Moreland Blvd # 102 Waukesha WI 53186

Service: Debt management - acts as mediator between client and creditors. Budget & financial counseling.

Consumer Information Center

P.O. Box 100 Pueblo, CO 81009

Service: Lists of federal government publications about autos, health, food, money, management, nutrition, housing, employment, and education.

Covenant Health Care – Covenant VIP(262) 785-2291

19333 W North Avenue Brookfield WI 53005 (Elmbrook Hosp)

Service: Sorting through bills, newsletters, script save cards, other discounts programs, Lifeline and medical equipment, health education, health screening and advisors to link with assistance.

Internal Revenue Service(800) 829-1040

..... TTY/TDD (800) 829-4059

..... Fax (703) 368-9694

www.irs.gov for information & forms

Lawyer Referral & Information Services State Bar of

Wisconsin(800) 362-9082

Office of Consumer Protection and Citizen Advocacy

.....(800) 422-7128

Service: Provide information and referrals for consumer complaints, i.e., fraud. The Agency contacts business and performs arbitration and mediation.

Waukesha County Medical Society.....(262) 695-7412

WI Department of Revenue(414) 227-3883

Homestead & Income Tax Credit Inquiries

WI Department of Revenue Waukesha(262) 521-5310

141 NW Barstow Room 158 Waukesha WI 53188

NO CALL LIST

National No Call list:(866) 966-2255
<https://www.donotcall.gov>

Telephone Preference Service (TPS)

Service: To remove a name from calling lists. There are 3 ways to register for TPS: postcard or letter mail-in option, online mail-in option, and online. Consumers must register with TPS directly; second-party requests and bulk requests cannot be processed. For the integrity of the TPS file, it is necessary to verify that the person making the request is actually who they say they are. If done in writing, this is accomplished by receiving the consumer's signature. Over the Internet, the credit card allows authentication of the person making the request, and a nominal fee is charged for faster service.

- **Postcard or Letter Mail-in Option (Free)**

There is no charge for registering by mail. However, registering by mail may delay for a month or so inclusion in the TPS file because this requires time to manually add this data to the service. Please send a postcard or letter that includes your name, home address, home telephone number (with area code) and signature to:

Telephone Preference Service
Direct Marketing Association
PO Box 1559
Carmel, NY 10512

- **Online Mail-in Option (Free)**
- **Complete Online Option (\$5 Charge)**
<http://www.dmaconsumers.org/>

Mail Preference Service (MPS)

Service: To remove name from all 3rd class mailing lists.

How to register for MPS

There are 3 ways to register for MPS: postcard or letter mail-in option, online form mail-in option, and online. Consumers must register with MPS directly; second-party requests and bulk requests cannot be processed. For the integrity of the MPS file, it is necessary to verify that the person making the request is actually who they say they are. If done in writing, this is accomplished by receiving the consumer's signature. Over the Internet, the credit card quickly authenticates the person making the request; a nominal fee is charged for this faster service.

- **Postcard or Letter Mail-in Option (Free):**

There is no charge for registering by mail. However, registering by mail may delay for a month or so inclusion in the MPS file because this requires time to manually add this data to the service. Please send a postcard or letter that includes your name, home address, and signature to us at:

Mail Preference Service
Direct Marketing Association
PO Box 643
Carmel, NY 10512

- **Online Mail-in Option (Free)**
- **Complete Online Option (\$5 Charge)**
<http://www.dmaconsumers.org/cgi/offmailinglistdave>

- **Mail Preference Service - Direct Marketing Association**

P O Box 9008, Farmingdale NY 11735

Service: To remove name from all 3rd class mailing lists.

COUNSELING

The Addiction Resource Council(262) 524-7921

ARC's Emergency Line(262) 524-7920

.....Fax (262) 524-7932

W228 N683 Westmound Dr **Waukesha** WI 53186

Service: Prevention, intervention, education and support for recovery, outreach.

Behavioral Medicine Center.....(262) 544-2396

.....FAX (262) 544-1213

725 American Avenue Waukesha, WI 532188

Services: Psychiatry, psychotherapy and counseling services for older adults – behavior is a primary concern.

Catholic Charities(262) 547-2463
 741 N Grand Ave Ste 210, Waukesha 53186
Service: Individual and family counseling available for older adults, their families and caregivers.

Current Clinical Trials Program of Rogers's Memorial Hospital
(877) 676-6600
 11101 West Lincoln Avenue West Allis 53227
Services: Clinical trials or psychiatric medicine scheduled throughout the year-call for current research trials.

Emergency Assessment & Referral(262) 928-4036

First Call for Help **211 OR (262) 547-3388**
 **Fax (262) 547-1609**
Service: Provides telephone counseling for emergencies, crisis and suicide intervention, 24-hours a day, 7 days a week. Can offer phone services in other languages, including Spanish.
Cost: No charge.

Grief Counseling - Dept. of Senior Services(262) 548-7828

HELP Center-Mental Health Association(262) 547-3388
 **Fax (262) 547-1609**
 S22 W22660 E Broadway Ste 5-s, Waukesha 53186

La Casa Outpatient Clinic(262) 928-4402
 210 NW Barstow St #110, Waukesha WI 53186
Service: Provide individual, group and family therapy, chemical dependency therapy & HIV prevention case management. English/Spanish

Mental Health Center(262) 548-7950
 1501 Airport Road Waukesha 53188 **Fax (262) 896-8046**
Services: Inpatient services.

National Alliance for Mentally Ill (NAMI)(262) 524-8886
 **Fax (262) 547-1321**
 217 Wisconsin Avenue # 411, Waukesha 53186
Service: A program, which provides free short-term counseling (3 to 5 sessions) to assist one in identifying specific problems, assessing them, and determining solution options. Referrals and connections to community resources based on identified options are available.

Waukesha County Dept Of Health & Human Services Mental Health Clinic(262) 548-7666
 **Fax (262) 548-7656**
 500 Riverview Ave Waukesha WI 53188
Service: Waukesha County Department of Health and Human Services provides outpatient, emergency outpatient, community support program, psychiatric day treatment and inpatient mental health services. Call **548-7666** for a mental health intake worker 8:00 a.m. - 4:30 p.m. to answer questions and help find the right services to meet your needs. After hours and on weekends call **547-3388** for crisis intervention assistance. The Waukesha County Mental Health Center is located at 1501 Airport Road, Waukesha, WI 53188.

Inpatient Services: treats individuals in need of hospital care in order to stabilize symptoms, adjust medication as needed and return to the community safely.

Community Support Program (CSP): provides treatment, rehabilitation, outreach and support services to adults with a long-term mental illness. Program goals include reducing incidence of inpatient stays and improving the person's quality of life in the community. A case manager coordinates support services and assists in the management of the client's mental illness.

Psychiatric Day Treatment: is a highly structured outpatient program serving clients with major mental illness. It provides a wide range of group therapies, psychiatric services and medication management. Case management services assist the client in the development of an individualized treatment plan. Day treatment contracts with a variety of agencies to meet individual client needs.

Outpatient Clinic: located at 500 Riverview Avenue, provides mental health and AODA services to individuals of all ages including individual, group and family therapy, psychiatric evaluation, consultation and medication management, emergency mental health assessment and case management services.
Call (262) 548-7666.

Fee Information: Costs are covered by a variety of sources, sometimes more than one: Medicare, Medicaid, private insurance, HMOs, Medical assistance and patient fees.

Waukesha County Mediation Center(262) 544-1647
 Fax (262) 544-9456
 414 W Moreland Blvd Rm 204 Waukesha WI 53188
Service: Types of disputes: small claims, neighbor problems, domestic problems, juvenile disputes, consumer/merchant, workplace, victim/offender, business disputes and landlord/tenant problems. Community problems
Fee: Depends on type of case.

Women & Families Psychotherapy Resources, Inc
(262) 542-0123
 Fax (262) 542-1199
 707 W Moreland Blvd # 5, Waukesha WI 53188
Service: Psychotherapy for families & older adults. Home visits are available.

Women's Center(262) 547-4600
(888) 542-3828
 505 N East Av. Waukesha WI 53186
Service: The Women's Center Family Support Project offers:
Grandparents Parenting Again: This is a support group for grandparents who are parenting their grandchildren. This Free, ongoing group offers support and encouragement in meeting daily challenges. The group meets every Thursday from 1:00 to 3:00 PM. (262) 547-0633
Respite Child Care: This gives grandparents or relatives living in Waukesha County a break during stressful times or in a crisis or emergency situation. It is a free, short-term service that uses certified licensed daycare and foster-care homes.

EDUCATION

AARP 55 Alive and Tax Aid.....(888) 227-7669
 Local course information

Carroll College(262) 524-7373
 100 N. East Avenue Waukesha WI 53186

Covenant Health VIP Senior Program.....(414) 447-3850
 (Vitality and Independence Program)
 5000 W Chambers Milwaukee WI 53210
Service: Free information on medical concerns.

Elderhostel State of WI.....(877) 426-8056
 FAX - (877) 426-2166
 10144 N. Port Washington Road Mequon WI 53092
www.elderhostel.org
Service: Non-profit organization that sponsors education programs for people over 55. Call for catalogue. This program is an on-campus experience for elders. Group living study experience during weeklong courses. Free time and planned activities in the classroom.

Elmbrook Church.....(262) 786-7051
 777 S Barker Road, Brookfield WI 53045
Service: Senior seminars: Classes on a variety of subjects of interest to senior adults.
Cost: No charge for classes. Optional lunch charge.
Intake: Call to register. Classes held Fridays (other than first) from 10-12 noon.
Service: First Friday Fellowship. Varied programs for senior adults followed by a fellowship lunch.
Cost: \$5
Intake: Call for reservation. (262) 796-5728
Service: Fitness program Monday, Wednesday & Friday from 9 - 10 am. Walking, range of motion and low impact exercise.
Cost: No charge.
Intake: Walk-in slowly/Walk out energetically.

Hispanic Resource Center(262) 928-4181
 210 NW Barstow Street, # 109, Waukesha, WI 53186

Learning in Retirement Program.....(262) 695-3473

Literacy Council of Greater Waukesha(262) 547-7323
 217 Wisconsin Avenue #16 Waukesha WI 53186

University of Wisconsin Extension.....(262) 548-7770
 1320 Pewaukee Road Waukesha WI 53188

University of Wisconsin – Waukesha(262) 521-5460
1500 University Drive, Waukesha 53188

Waukesha County Technical College (WCTC)262) 691-5566
800 Main Street, Pewaukee 53072

WCTC - Community Education.....(262) 691-5578

YMCA(262) 542-2557
320 E. Broadway, Waukesha 53186

Call Local Hospitals for their schedule of classes.

EMPLOYMENT

AARP (American Assoc. of Retired Persons)(202) 434-2277
Publications regarding the older worker.

Division of Vocational Rehabilitation(262) 548-5850
.....(800) 321-2137
Waukesha State Office Building
141 NW Barstow St # 157 Waukesha WI 53188
Service: Evaluation, counseling, training and placement services for jobseekers that are disabled; assist elderly in adapting to different disabilities.

Equal Employment Opportunity Commission(800) 669-3362
Service: Publications regarding employment discrimination.

Equal Employment Opportunity Commission(800) 669-4000
(EEOC) Enforces the Americans with Disabilities Act (ADA).
Provides information on vocational rehabilitation.

Goodwill Industries(262) 970-6011
Service: (VETAP) Vocational education, training & placement for persons referred by Waukesha County Mental Health Clinic.

Great Lake ADA & Accessible IT Center (800) 949-4232
Disability in Business Technical Assistance Center

Independence First - Support for all persons with a Disability (414) 291-7520
Service: Assistance with employment issues only in Ozaukee, Washington, Milwaukee & Waukesha counties.

Job Accommodation Network(800) 526-7234
Explains rights under ADA and work accommodation possibilities.

Waukesha Training Center262) 547-6821
300 S Prairie Avenue, Waukesha 53186
Service: Employment for persons with disabilities.

WIA - Kaiser Employment Center..... (262) 695-7920
Workforce Development Center
892 Main Street, Pewaukee 53072
Service: Assist low income, dislocated employees and public assistance recipients in job training.

Wider Opportunities for Women (WOW)(202) 464-1596

Women Work!.....(202) 467-6346
Service: Assists in education, training and employment for women of diverse backgrounds.

Workforce Development Center(262) 695-7800
Wisconsin Job Information Service
892 Main Street, Pewaukee 53072
Service: Source of directory that lists services available to job seekers, including resume writing, skills assessment, interviewing techniques and more. Also includes opportunities for seniors 55 years and older.

FAMILY SUPPORT SERVICES

Adult Day Centers

Under Department of Senior Services contract for Adult Day Center Services. All of these Waukesha Adult Day Centers offer the following services:

- State Certified facilities
- Medication supervision and/or administration
- Personal grooming, bathing (whirlpool at select centers), hair and nail care
- Nutritious noon meals and healthy snacks
- Wide variety of individualized and stimulating activities (music, art, pets)
- Social interaction and reminiscence
- Physical and mental stimulation
- Quiet, comfortable areas for resting
- Cost-effective fees
- Caregiver resource library, education and support
- Transportation information
- Financial assistance-call for eligibility

Care-Age of Brookfield.....(262) 821-3939
 Fax (262) 821-3944
 1755 N Barker Road, Brookfield 53045 (Open 24 hrs/day)

Catholic Charities Adult Day Services and Resource Center
(262) 782-0740
 Fax (262) 782-0024
 13700 W National Ave, New Berlin 53151 (7 am – 5 pm M-F)

Catholic Charities Best of Friends Club.....(262) 547-0740
 1755 N Calhoun Rd, Brookfield 53005 (9 am –2 pm Tues/Fri)
 (Not a Certified Adult Day Program)

The Caring Place.....(262) 542-6388
 Fax (262) 542-4660
 810 N East Ave Waukesha 53186 (7:30 am – 5 pm M-F)

Curative Senior Care Center.....(262) 574-9147
 Fax (262) 574-1058
 149 Wisconsin Avenue, Waukesha 53186 (7 am – 6 pm M-F)

Lutheran Social Services
Greater Menomonee Falls Adult Day Services...(262) 251-9406
 Fax (262) 251-3246
 W180 N7863 Town Hall Rd, Menomonee Falls 53051
 (Located in Gloria Dei Lutheran Church) (7:30am–4:30pm M-F)

Lutheran Social Services Waukesha Adult Day Center
(262) 896-3443
 Fax (262) 896-3450
 2000 Blue Mound Rd, Waukesha 53186 (7 am –5 pm M-F)

Oconomowoc Adult Day Center (7 am – 5 pm M-F)
 869 E Summit Ave Oconomowoc 53066(262) 569-0486
 Fax (262) 569-0413
 849 E Summit Ave, Oconomowoc 53066.(262) 569-0432
 Fax (262) 569-0349

Lutheran homes of Oconomowoc
Shorehaven Adult Day Center(262) 567-8341
 Fax (262) 567-0273
 1305 W Wisconsin, Oconomowoc 53066 (8 am –4:30 pm M-F)

Veteran Affairs Adult Day Health Center
 (414) 384-2000 X 41970
 5000 W National Avenue, Milwaukee 53295

Home Health Care (Personal Care)
 Home Health Care agencies offer a range of services to assist in caring for someone at home. These services vary from agency to agency and may include light house cleaning, personal care/ bathing, meals and nutrition counseling. Please call the respective agencies for details on their services, (costs, minimum hours, staff experience, ect.)

ADL Corp......(262) 363-4400
 Fax (262) 363-3199
 318 N. Rochester Street, Mukwonago 53149

ANS Home Health Services(414) 481-9800
(866) 880-5042
 Fax (414) 481-9808
 2711 S 84th St, Milwaukee 53227
<http://www.anshomecare.com>
Service: Nursing and personal care. Call for more information.

At Home Loving Care LLC(262) 432-1703
 Fax (262) 432-1701
 S74 W17065 Janesville Rd # 252, Muskego 53150

Aurora Visiting Nurse Assoc. of WI (VNA)(414) 327-2295
1-800-862-2201
 Fax (414) 328-4496
 11333 W National Ave, Milwaukee 53227
www.AuroraHealthCare.org In home health monitoring

Caring Angels262) 814-1884
 Fax (262) 814-1848
 13700 W National Avenue #228 New Berlin 53151

Covenant Home Health Care & Hospice(262) 780-4200
 Fax (414) 535-6902
 9688 W Appleton Avenue, Milwaukee 53225

Curative Care Network(262) 574-9147
 Fax (262) 574-1058
 149 Wisconsin Ave, Waukesha 53186

“Hair I Am”
 In home hair care for Waukesha County residents only
(262) 896-9240

Heartland Home Health Care & Hospice (262) 641-6620
 Fax (262) 641-6624
 13255 W Bluemound Rd #100, Brookfield 53005

Home Instead Senior Care (Waukesha)(262) 436-4663
 Fax (262) 436-5626
 2422 N. Grandview Blvd. #204, Waukesha 53188

Home Instead Senior Care – (Greenfield)(414) 281-2273
 Fax (414) 281-2280
 7406 W Layton Ave. #A, Greenfield 53220

Home Watch Caregivers(262) 650-0394
 Fax (262) 650-0397
 237 South Street Suite 111, Waukesha 53186

Horizon Home Care & Hospice Inc.(414) 365-8300
 Fax (414) 365-8336
 8949 N Deerbrook Trail, Brown Deer 53223

Lake Country Home Care(262) 567-6373
 423 Charles St, Oconomowoc 53066

LS Professional Comfort Homes, Inc(262) 781-0448
 Fax (262) 781-1307
 14665 W Lisbon Rd Suite 1B, Brookfield 53005

Lutheran Social Services(262) 896-3444
 Fax (262) 896-3450
 2000 Blue Mound Rd, Waukesha 53186

Preferred Home Health Services(414) 774-3901
 Fax (414) 774-0356
 9800 W Bluemound Milwaukee 53226

Procare Plus(262) 567-2200
(888) 540-2273
 Fax (262) 567-8024
 W215 Valley Rd., Oconomowoc 53066

Quality Living Services(262) 524-8855
 Fax (262) 524-3966
 1013 Canterbury Lane, Waukesha 53188

Right At Home(414) 475-6999
 Fax (414) 475-6787
 10625 W North Ave, Milwaukee 53226

St. Camillus Supportive Home Services.....(414) 259-6333
..... Fax (414) 259-4534
10101 W Wisconsin Avenue, Wauwatosa 53226

Visiting Angels.....(262) 695-4418
..... Fax (262) 695-7461
146 Park Avenue, Pewaukee 53072

Community Options Program - Health & Human Services
..... (262) 548-7212 or (262) 548-7215

Service: This program matches a person's long-term care needs with the best community services available to meet those needs. An assessment is first conducted to identify how many of these needs can be met by his/her own informal support system and by outside sources. Based upon the assessment and available resources, recommendations can be made to stay in one's home or in another community setting. Financial assistance may be available based on eligibility.

Cost: No charge for assessment or individual plan.

Service: Supportive Home Care provides limited services for people who need minimal to moderate assistance to live independently at home.

Intake: Call for details and further information.

This listing is of agencies serving Waukesha County. For information on other agencies, call the Waukesha County Department of Senior Services at 548-7828.

Chore Services

Services such as window washing, snow removal, leaf raking, storms and screens, lawn mowing, errands, friendly visitor and transportation to assist older persons to remain in their residence. Call for details

Elmbrook Church.....(262)786-7051
777 S Barker Rd, Brookfield 53045

Health and Human Services(262) 548-7212
Community Options Program

Helping Hands Service Lutheran Homes of Oconomowoc
..... (262) 567-8341 Ext. 1170
1306 W Wisconsin Avenue, Oconomowoc 53066

House Doctors - Small Home Repairs(262) 780-4545
1810 Calhoun Rd, New Berlin 53151
Offers 10% discount for seniors. Call for details

Interfaith Caregiving Network Inc(262) 549-3348
..... Fax (262) 549-0436
210 N.W. Barstow #101, Waukesha 53188

Service: Volunteers donate services such as window washing, snow removal, leaf raking, grocery shopping, storms and screens, lawn mowing, errands, friendly visitor and transportation to assist older persons to remain in their residence.

Intake: In-home assessment required prior to services performed.

Lutheran Homes of Oconomowoc(262) 560-6907

Service: Volunteers to assist seniors with landscaping, mowing, rototilling, roof eave cleaning, packing, sorting, pet sitting, moving, hedge trimming, window washing, and other odd jobs. Servicing the Dousman, Oconomowoc, Hartland, Delafield, Ixonia, Watertown, and Okauchee areas.

Procure Plus..... (262) 567-2200
.....(888) 540-2273
..... Fax (262) 567-8024
W215 Valley Rd., Oconomowoc 53066

SAYES.....(262) 860-8720
13750 W. National Ave, New Berlin 53151
Service: Voluntary youth group organized to assist elderly with chores.

Clothing / Personal Goods

Department of Health & Human Services(262) 548-7212
500 Riverview Waukesha 53186

Cooperating Congregations of Waukesha Cty ...(262) 549-8726
401 W Main Street, Waukesha 53186

Cooperating Churches of Sussex.....(262) 246-9860
AKA **Sussex area Outreach Services (SOS)**
N63 W23626 Silver Spring Drive, Sussex 53089

Goodwill Industries(262) 547-5023
1400 Nike Drive Waukesha 53186

Lake Country Caring(262) 646-5679
418 Main Street, Delafield 53018

North Lake Food Pantry and Clothes Closet.....(262) 966-2191
W314 N7462 Hwy 83, North Lake 53064

St. Vincent De Paul Society of Waukesha.....(262) 547-3281
305 East Main Street, Waukesha 53186

Shophe on Grand.....(262) 547-9528
140 N Grand Avenue, Waukesha 53186

Emergency Alert Services

Carelink Emergency Response(800) 525-6237
Service: Emergency monitoring system by **Healthcom**.

Direct Link(262) 695-3900
131 E. Wisconsin Ave. #101 Pewaukee 53072
Service: Help at the touch of a button. Home emergency monitoring. **Intake:** Call for details

Lifeline(888) 669-2273
Service: A personal emergency response system attached to the subscriber's telephone. During an emergency, the subscriber pushes a button and a Lifeline communicator dials the phone and sends an emergency signal to a 24 hours monitoring system.
Intake: Call for details.

Midwest Security & Fire, Inc. Midwest Medical Alarms
.....(414) 727-1946
..... **Fax (414) 727-1948**
9733 W. Greenfield Avenue, Ste 202, West Allis WI 53214
Service: Caregard - A personal/medical emergency response system that offers "round the clock protection."
Intake: Call for details

Response Link of Southeastern Wisconsin(262) 780-0848
Medication & health test reminders, & check-in-monitoring.

Project Reassurance
Oconomowoc Hospital ("Tele-Care").....(262) 569-0293
Interfaith (Waukesha County reminders
(i.e. medications, wake up calls)(262) 549-3348
Hartland Police & Fire Department
(Village of Hartland residents).(262) 367-2323
Waukesha Fire Dept (participant calls).....(262) 524-3657
Service: A daily phone contact program for older people.
Intake: Programs may differ; call for details.

Protective Services and Guardianships(262) 548-7212
Waukesha County Department of Health & Human Services
500 Riverview Ave Waukesha 53188
Service: Assistance for adults in need of supportive or protective services to ensure their own safety and well-being.
Intake: Call for more details.

Vial of Life - American Red Cross(262) 542-6672
.....(414) 342-8680
2220 Silvernail Rd, Pewaukee 53072
Service: A means to provide medical and drug information to paramedics and Emergency Medical Technicians. A card provided to an older person for listing the medical information is placed in a vial, which is kept in the refrigerator for paramedics and Emergency Medical Technicians during an emergency.
Intake: Call for details.

Call Department of Senior Services for more information
.....(262) 548-7848

Homemaker Services

Homemaker Services may include light housekeeping and cleaning, meal planning, cooking and laundry. Services and costs vary with each agency. Please call for details (minimums).

ADL Corporation(262) 363-4400
.....Fax (262) 363-3199
318 N Rochester Street Mukwonago 53149

ANS Home Health Services(414) 481-9800
.....(866) 880-5042
.....Fax (414) 481-9808
2711 S 84th St, Milwaukee 53227
<http://www.anshomecare.com>
Service: Nursing and personal care. Call for more information.

At Home Loving Care LLC(262) 432-1703
.....Fax (262) 432-1701
S74 W17065 Janesville Rd # 252, Muskego 53150

Catholic Charities(262) 782-0740
.....Fax (262) 782-0024
13700 W National Ave, New Berlin 53151

Caring Angels(262) 814-1884
.....Fax (262) 814-1848
13700 W National Avenue #228, New Berlin 53151

Covenant Home Health(414) 535-7070
9688 W Appleton Avenue, Milwaukee 53225

Curative Care Network(262) 574-9147
.....Fax (262) 574-1058
149 Wisconsin Avenue, Waukesha 53186

Grand Assistance(262) 567-2055
39677 Mary Lane, Oconomowoc 53066

Helpmates Home Health Services(262) 547-6719
.....Fax (262) 547-9218
222 Park Place, Waukesha 53186

Home Helpers (Non-medical in-home care)(262) 695-7717
.....Fax (262) 695-1683
131 E. Wisconsin Ave. #101, Pewaukee 53072

Home Instead Senior Care(262) 436-4663
.....Fax (262) 436-5626
2422 N Grandview Blvd #204, Waukesha 53188

Home Instead Senior Care(414) 281-2273
.....Fax (414) 281-2280
7406 W Layton Av # A, Greenfield 53220

Home Watch Caregivers(262) 650-0394
.....Fax (262) 650-0397
237 South Street Suite 111, Waukesha 53186

Horizon Home Care & Hospice(414) 365-8300 Ext. 271
.....Fax (414) 365-8334
8949 N. Deerbrook Trail, Brown Deer 53223

Lake Country Home Care(262) 567-6373
423 Charles St, Oconomowoc 53066

Procure Plus(262) 567-2200
.....(888) 540-2273
.....Fax (262) 567-8024
W215 Valley Rd., Oconomowoc 53066

Quality Living Services(262) 524-8855
.....Fax (262) 524-3966
1013 Canterbury Lane, Waukesha 53188

Rent A Daughter, LLC(414) 479-0029
.....Fax (414) 479-0144
10125 W North Avenue, Wauwatosa 53226

Right At Home(414) 475-6999
.....Fax (414) 475-6787
10625 W North Ave, Milwaukee 53226

St. Camillus Supportive Home Services.....(414) 259-6333
.....Fax (414) 259-4534
10100 W Bluemound Road, Wauwatosa 53226

Visiting Angels.....(262) 695-4418
.....Fax (262) 695-7461
146 Park Avenue, Pewaukee 53072

Grocery Shopping Service: (Interfaith).....(262) 539-3348

Respite Care (Caregiver Assistance)

Respite or relief time for a caregiver is possible when the individual who is being cared for is temporarily placed under someone else's care. This care can be short-term or occasional and is available in several forms: in-home care, adult day care or residential-based care. For details on these options and possible financial assistance, call the Waukesha County Department of Senior Services at 548-7828.

In-Home Respite Agencies

ADL Corporation.....(262) 363-4400
.....Fax (262) 363-3199
618 N Rochester Street, Mukwonago 53149

ANS Home Health Services(414) 481-9800
.....(866) 880-5042
.....Fax (414) 481-9808
2711 S 84th St, Milwaukee 53227
<http://www.anshomecare.com>
Service: Nursing and personal care. Call for more information.

At Home Loving Care LLC(262) 432-1703
.....Fax (262) 432-1701
S74 W17065 Janesville Rd # 252, Muskego 53150

Caring Angels(262) 814-1884
.....Fax (262) 814-1848
13700 W National Avenue #228, New Berlin 53151

Catholic Charities(262) 782-0740
.....Fax (262) 782-0024
13700 W National Avenue, New Berlin WI 53151

Curative Care Network(262) 574-9147
.....Fax (262) 574-1058
149 Wisconsin Ave, Waukesha 53186

Heartland Home Health Care & Hospice.....(262) 641-6620
.....Fax (262) 641-6624
13255 W Bluemound Rd Suite 100, Brookfield 53005

Helpmates Home Health Services (262) 547-6719
.....Fax (262) 547-9218
222 Park Place, Waukesha 53186

Home Helpers.....(262) 695-7717
.....Fax (262) 695-1683
131 E Wisconsin Avenue Suite 101, Pewaukee 53072

Home Instead Senior Care(262) 436-4663
.....Fax (262) 436-5626
2422 N Grandview Blvd #204, Waukesha 53188

Home Instead Senior Care – (Greenfield).....(414) 281-2273
.....Fax (414) 281-2280
7406 W Layton Av. #A, Greenfield 53220

Horizon Home Care & Hospice
..... (414) 365-8300 or (800) 468-4660
Hospice.....Fax (414) 365-8334
AdministrationFax (414) 365-8328
8949 N Deerbrook Trail, Brown Deer 53223

Interfaith Network for Volunteer Caregivers(262) 549-3348
.....Fax (262) 549-0436
210 NW Barstow #101, Waukesha 53188
(No hands on)

LS Professional Comfort Homes.....(262) 781-0448
.....Fax (262) 781-1307
14665 W Lisbon Road Suite 1B, Brookfield 53005

Procare Plus (262) 567-2200
..... (888) 540-2273
..... Fax (262) 567-8024
W215 Valley Rd., Oconomowoc 53066

Right At Home (414) 475-6999
..... Fax (414) 475-6787
10625 W North Ave, Milwaukee 53226

Visiting Angels (262) 695-4418
..... Fax (262) 695-7461
146 Park Avenue, Pewaukee 53072

(Homemakers, Respite Care, and Healthcare)

In-County Respite Facilities

The Arboretum (262) 253-0909
W180 N7890 Town Hall Rd, Menomonee Falls 53051

Birchrock Corners - ... Mukwonago (262) 363-9076

Brookfield Gardens (262) 789-7499
..... Fax (262) 789-8089
660 Woefel Road, Brookfield 53045

Country Castle Home (414) 607-1010
4 locations: Greenfield, West Allis, and Hales Corners

Camelot Home (414) 817-9188
4900 S68th Street, Greenfield 53220

Emerald's Castle (414) 424-0227
11125 W Layton Avenue, Greenfield 53220

Castle Gardeners (414) 529-8558
5900 S92nd Street, Hales Corners 53130

West Allis Castle (414) 607-3776
1234 S112th Street West Allis 53214

*** Before sending a Fax Please Call the number above to let them know.**

Christian Family Care Homes, Inc. (262) 547-9550
..... Fax (262) 547-9575
3 Locations in Waukesha: Michigan Street. Green Valley Drive,
and Manhattan Drive

Congregational Home: Brookfield (262) 781-0550
..... Fax (262) 781-0559
3150 Lilly Road, Brookfield 53005

Fairview Homes (262) 786-5900
6 Locations:
Fairview Elm Grove Place-12 beds
260 S Elm Grove Road, Brookfield 53005
Fairview House-8 beds
1820 W Moor Terrace, Elm Grove 53122
Fairview Meadows-8 beds
2310 Hillsdale Drive East, Brookfield 53005
Fairview Manor-10 beds
13800 Forest Grove Road, Brookfield 53005
Fairview Hawthorne Court-8 beds
470 Scarlett Hawthorne Court, Brookfield 53045

Golden Oaks Home-New Berlin (262) 544-1189
..... Fax (262) 544-5420
21600 W Cleveland Avenue, New Berlin 53146

Linden Grove Health Care Center-Waukesha (262) 524-6400
..... Fax (262) 524-9233
425 N University Avenue, Waukesha 53188

Linden Grove Health Care Center-New Berlin (262) 796-3660
..... Fax (262) 796-2765
13755 W Fieldpointe Drive, New Berlin 53151

National Regency - New Berlin (262) 789-1699
13750 W National Avenue, New Berlin 53151

New Perspective I and II: Brookfield (262) 821-1821
..... Fax (262) 821-0349
16690 and 16720 W Greenfield Avenue, Brookfield 53005

Oak Hill Terrace.....(262) 548-1457
1805 Kensington Dr, Waukesha 53188

Shorehaven Health Center.....(262) 832-7112
1306 W Wisconsin Ave, Oconomowoc 53066

Sunnyridge Home-Pewaukee.....(414) 771-4595
1302 Sunnyridge Road, Pewaukee 53072

Twin Oaks: Delafield.....(262) 646-4146
.....Fax (262) 968-4577
N4 W31511 Twin Oaks Drive, Delafield 53018

Waukesha Springs Health and Rehab Center-Waukesha
.....(262) 548-1400
.....Fax (262) 548-1424
1810 Kensington Drive, Waukesha 53188

Wilkinson Woods(262) 832-7112
999 E Summit, Oconomowoc 53066

Woodland Health Center(262) 782-0230
.....Fax (262) 797-8306
18740 W. Bluemound Rd, Brookfield 53045

Out Of County Respite Facilities

Luther Manor.....(414) 464-3888
.....Fax (414) 464-1954
4545 N 92nd Street, Milwaukee 53225

The Glen Supported Living and Adult Day Center
.....(262) 473-9876
.....Fax (262) 472-6021
1281 W Main Street, Whitewater 53190

Lake Terrace East and Lake Terrace West-Franklin
.....(414) 425-8090 or (414) 425-1493
.....Fax (414) 525-0294 or (414) 525-2691
6751 S 68th Street and 6771 S 68th Street, Franklin 53132

Oak Crest.....(414) 764-3303
.....Fax (414) 427-0438

4 Locations:

Oak Crest Franklin House-8 beds (seldom has openings)
7599 Francis Court, Franklin 53132

Oak Crest Retirement Home-40 beds (majority of respite)
10507 South Chicago, Oak Creek

Oak Crest Villa-20 beds
8765 W Forest Home Avenue, Greenfield

Blakewood House-8 beds (seldom has openings)
3407 Blakewood Avenue, South Milwaukee

Senior Home West Bend(262) 335-1992
831 E Washington Street **West Bend**, WI 53095

Support Group

There are numerous support groups available. For current information, please call the Waukesha County Dept. of Senior Services at (262) 548-7828 or call 211.

FINANCIAL ASSISTANCE

American Association of Retired Persons(888) 227-7669
Tax Aide

Benefit Specialist for persons under 60(414) 291-7520

Department of Senior Services(262) 548-7828
1320 Pewaukee Road Room 130 **Waukesha** WI 53188

Service: Assistance in preparing applications for programs of relief such as: Financial Assistance Applications preparation, Food Stamps information, Fuel Assistance information, Medical Assistance (Title 19) preparation, Partnercare, Property Tax Deferred Loan, Home Equity Conversion Program - Waukesha County, Reverse Mortgage Counseling-Waukesha County only, Other counties: (800) 217-6970. Ask for housing counseling agencies in your county.

Intake: Call for details on programs and eligibility.

Cooperating Congregations of Waukesha(262) 549-8726

401 W Main Street, Waukesha 53186

Energy Services Inc.....(262) 549-9666

217 Wisconsin Ave Suite 201 Waukesha WI 53186

Service: Energy Assistance Program-one time energy grant per heating season. Apply September 1 - May 15 only.

Intake: Call for details on eligibility.

Application Appointments(800) 506-5596

Hebron House of Hospitality(262) 549-8724

134 W North Avenue, Waukesha 53186

Internal Revenue Services(800) 829-3637

Provides information on taxes

La Casa de Esperanza.....(262) 547-0887

410 Arcadian Avenue, Waukesha 53186

Medical Assistance Recipient Services Hotline .(800) 362-3002

Service: Answer questions for those who receive straight Medicaid (i.e. Title 19, Medical Assistance) including coverage, billing, and prior authorization. Also provides referrals to dentists/dental service providers who accept Title 19. Do not serve those who receive Medicaid in HMO form.

Prescription Drug Resource Center

<http://www.drugsavings.wi.gov>

This website gives our citizens the ability to buy certain prescriptions at significantly lower prices from pharmacies that have been visited and found to be safe, reputable, and reliable by inspection on behalf of several state governors.

RAM 60.....(262) 524-3747

.....(262) 524-3737

60 Years & Better: Repair & Maintenance for 60+ Adults or Disabled Home owners.

Service: An emergency repair and maintenance program for 60 plus adults and disabled homeowners. Participants must meet specific guidelines and reside in the City of Waukesha. Please call to see if you qualify.

Social Security (262) 542-7253 or (800) 772-1213

707 N Grand Avenue, Waukesha 53186

St. Joseph's Medical & Dental Clinic(262) 544-6777

826 N East Avenue, Waukesha 53186

Service: Low income Medical, Pharmacy & Dental assistance

Veterans' Service Office(262) 548-7732

500 Riverview Ave, Waukesha 53188

Service: Information, advocacy and assistance for veterans and their families concerning financial aid and other benefits.

Intake: Call or stop at the office.

Department of Health & Human Services(262) 548-7212

500 Riverview Ave, Waukesha 53188

Service: Financial assistance is provided in several areas through the following programs:

Medical Assistance (Title 19/Medicaid) Information - 548-7708

Medical Assistance (Title 19/Medicaid) Application - 548-7330

Economic Assistance - 548-7280

Community Options Program (Access) - 548-7212

Kinship Care Information - 548-7323

Food Stamps

BASIC Program

Financial Assistance Applications

Alzheimer's Family Support Program – 548-7257

Intake: Call for details on programs and eligibility.

WHEDA Property Tax Deferral Loan Program(262) 548-7828

Service: Provide low interest deferred loans for tax purposes for income eligible individuals.

FOOD

Ensure Health Connection-Ross Labs(800) 986-8501

Service: Free enrollment for Ensure Supplement. Users will be sent useful nutritional information and Ensure coupons.

Food Pantries

Service: Providing food for needy in several county locations.

Eligibility: Low-income persons.

Intake: Contact the food pantry nearest you at the location and hours listed below. Hours may be subject to change.

Butler Food Pantry(262) 781-9521

St Agnes Church, 12801 W Fairmount Avenue, Butler 53007
Pickup by appointment.

Eagle Pantry(262) 594-5200

St Theresa Church, 136 W Waukesha Road, Eagle 53119
Every Wednesday 9 - 10:00am

Elmbrook Church.....(262)796-5728

777 S Barker Rd, Brookfield 53045

Food Pantry of Waukesha County(262) 542-5300

215 W North Street, Waukesha 53188
1pm - 3pm Monday through Friday
6pm - 8pm Thursday
9:30 - 11:30 am Saturday

Hartland Area Food Pantry(262) 367-6373

229 Lawn Street, Hartland 53029
1:30 - 2:30pm Wednesday; 10 - 11am Saturday

Kettle Moraine Food Pantry(262) 968-6466

All Saints Lutheran Church 705 W Tomlin Rd, Wales 53183
10 - 11am Tuesday Thursday Saturday

Kitchen Kupboard Food Pantry.....(262) 363-8485

Mt. Olive Lutheran Church, 211 Main St
PO Box 8 Mukwonago 53149 9:30 -11:30 A. M. Thursday

Menomonee Falls Pantry(262) 251-4912

Hiawatha School Room 115
N84 W16579 Menomonee Ave, Menomonee Falls 53051
1 - 2pm and 6 - 7pm Tuesday and Thursday

Mukwonago Food Pantry(262) 363-3452

325 Eagle Lake Ave, Mukwonago 53149
M-T-W 9 – noon, Thurs 5 – 7 pm

New Berlin Food Pantry(262) 789-8040

Hickory Grove School, 2600 S Sunnyslope Rd, New Berlin
Serves New Berlin, Muskego, Brookfield & Elm Grove
Noon - 5:00pm Wednesday only (use east entrance)

North Lake Pantry (262) 966-2191 or (262) 538-1640

St Claire's Parish, W314 N7462 Hwy 83, North Lake 53064
9am - 9:30am Saturday; 8:30am - 9am Tuesday

Oconomowoc Pantry.....(262) 567-7054

355 W Wisconsin Avenue, Oconomowoc 53066
1:30pm - 2:30pm and 6:30 - 7:30, Tuesday and Thursday
9:30am - 10:30am Saturday

Pewaukee Pantry(262) 691-3240

Gethsemane United Methodist Church
642 Main St., Pewaukee 53072
10am - 11am Wednesday and Saturday

Sussex Pantry(262) 246-9860

N63 W23626 Silver Spring Drive, Sussex 53089
1:00pm - 2:30pm Wednesday
10am – 12pm Saturday; 5:30pm - 7pm Monday

Waukesha Salvation Army.....(262) 547-7367

445 Madison St, Waukesha 53188
1 pm - 4pm Monday through Friday

Food Assistance

Waukesha County Public Health Division(262) 896-8430

Provides consultation with a Public Health Nurse, which may include diet and nutrition information.

Food Share Program(262) 695-7958

Health and Human Services offers assistance with the Quest Card. Call for eligibility requirements. *(If your Wisconsin Quest Card is lost, stolen or damaged, or you have questions regarding your balance, call the Customer Service ARU, 1-877-415-5164)*

ACCESS

An online tool that can help determine if you are eligible to receive benefits from FoodShare, Medicaid, BadgerCare, SeniorCare and other programs. Access is available at www.access.wisconsin.gov

“Stock” Box Program(262) 542-5300

Distributing surplus commodities to limited income households through community food pantries. Income guidelines followed. Contact the local food pantry for assistance.

Meals

Procare Plus (262) 567-2200

.....(888) 540-2273

.....Fax (262) 567-8024

W215 Valley Rd., Oconomowoc 53066

In home service: Cook meals in the home

Private Home Delivered Meal Providers

There are several private providers serving the county. If you are interested in a home-delivered meal, contact the provider nearest you. For more information, call the Waukesha County Department of Senior Services at (262) 548-7826.

The Caring Place.....(262) 928-2314

Serving: City and town of Waukesha

Wisconsin Masonic Home(262) 965-2111

Serving: Dousman, Wales, Summit, Genesee Depot, Delafield, North Prairie & surrounding areas

Elmbrook Hospital (262) 785-2157

Serving: Brookfield and Elm Grove

Horizon Home Care and Hospice(414) 365-8300

Serving: Menomonee Falls, Germantown, Lannon, Sussex and Butler

Pewaukee River Hills West(262) 691-2300

Serving: Pewaukee, Hartland, Ashippun and surrounding areas

Shorehaven(262) 567-8341 Ext 166

Serving: Oconomowoc, Okauchee, Stonebank

VNA of Wisconsin Mobile Meals(414) 328-4444

Serving: parts of New Berlin, Brookfield & City of Waukesha.

Milwaukee County Delivered Meals(414) 289-6874

Department of Senior Services(262) 548-7826

1320 Pewaukee Road Room 130, Waukesha 53188

Service: Senior Dining - Nutritious meals are served at **12 dining centers** throughout the county. Social opportunities, recreational and educational activities as well as information on services, resources and community events for older people are included.

Cost: Suggested donation is \$3.00 or whatever is affordable.

Eligibility: Persons 60 years and older.

Intake: For reservations, call the dining center before 12:00 noon one working day in advance or the office at (262) 548-7826. Transportation is available by taxi or Rideline, for \$1.00 each way.

Waukesha County Dining Center Serving Time

Brookfield - Brookfield Community Center(262) 782-1636

2000 North Calhoun Road 53005Mon – Fri * 12:00

Butler - Hampton Regency Apartments(262) 783-5506

12999 W Hampton Avenue 53007Mon – Fri *11:45

Hartland - Breezewood Village Apartments(262) 367-5689

400 Sunnyslope Drive 53029 Mon Wed Fri *12:00

Menomonee Falls - Menomonee Falls Community Center

.....(262) 251-3406

W152 N8645 Margaret Road 53051Mon – Fri *12:00

Mukwonago - Birchrock Apartments(262) 363-4458

280 Birchrock Way 53149 Mon -Fri * 11:45

Muskego - Muskego City Hall(262) 679-3650

W 182 S8200 Racine Ave Mon Wed Fri *11:45

New Berlin - National Regency Retirement Community Center
.....(262) 784-7877
13750 West National Avenue 53151Mon – Thurs *11:45

Oconomowoc - Oconomowoc Community Center. (262) 567-5177
324 W Wisconsin Avenue 53066Mon – Fri * 12:00

Sussex - Sussex Mills Apartments.....(262) 246-6747
W240 N6345 Maple Avenue 53089Mon – Fri * 11:45

Waukesha - La Casa Village.....(262) 547-8282
1431 Big Bend Road 53189 Mon Wed Fri * 11:30

Waukesha - Saratoga Heights Apartments(262) 542-8783
120 Corrina Boulevard 53186Mon – Fri * 12:00

Waukesha - Willow Park Apartments(262) 547-5001
1001 Delafield Street 53188Mon Tues Thurs * 11:30

Department of Senior Services(262) 548-7828
1320 Pewaukee Road Room 130, Waukesha 53188

Service: Home Delivered Meals – Nutritious meals (hot and cold) which are delivered to homebound older people with little support.

Cost: Suggested donation is \$4.00 or whatever is affordable.

Hours/Days: Meals will be delivered between 11am & 1pm, Monday thru Friday.

Eligibility: Homebound persons 60 years and above who do not leave home under normal circumstances. Call for information. Menus are available in advance. Call the Waukesha County Department of Senior Services at (262) 548-7826 for reservations for senior dining.

Community Banquet

Free meal on the last Tuesday of every month. 5:30-7:00 PM

Emmanuel Community United Methodist Church

N84 W16707 Menomonee Ave, Menomonee Falls

No Reservations necessary

Community Banquet

Free meal on the second Thurs. of every month. 5:30-7:00 pm

St James Catholic Church

W220 N5588 Town Line Rd, Menomonee Falls

No Reservations necessary

School Lunch Program

Service: Some schools in the county welcome older people to their school lunch programs.

Intake: Since programs vary, call your local school system.

S.H.A.R.E(800) 548-2124

(Self Help and Resource Exchange)(262) 783-2500

..... **Fax (262) 783-2515**

Service: Supplementary food packages distributed monthly at many locations.

Cost: \$18.00 in cash/food stamps and two hours of volunteer work for each package purchased. Some locations require more to cover transportation.

Intake: Call for location nearest you.

Outreach Meals:

Cooperating Congregations of Waukesha County, St. Matthias Episcopal Church, 111 E Main St, Waukesha

Service: Meals served Mon, Wed & Friday evenings - 5:30pm.

Volunteers call: 549-8726

Cooperating Churches of Oconomowoc(262) 567-3829

325 S. Main St., Dr. Martin Luther Church

Service: Meals served last Monday of the month 5:00pm-6:30pm

Loaves & Fishes Meal(262) 542-2589

St. Joseph's Catholic Church, 822 N East Avenue Waukesha

Service: Meals served every Sunday at 2:00 pm.

Salvation Army.....(262) 547-5709

445 Madison St Waukesha, WI 53188

Service: Meals served Tues, Thurs, & Sat at 5:00 pm.

Sussex Senior Lunch Program(262) 246-6447

W240 N5765 Maple Avenue Sussex 53089

Service: Meals served Mon – Thurs 12 Noon also meals served the 1st & 3rd Fridays of the month.

MENTAL HEALTH AND AODA SERVICES

Alcohol and Other Drug Abuse – In cases of clients with individual insurance, direct access may be obtained by calling the insurance company's customer service number and asking where that insurance funds AODA treatment in this area. The service representative will give a list of options to choose from. Treatment centers may be called directly and ask for assistance.

Clients with no insurance who would like a non-court-ordered assessment can call Waukesha County Addiction Resource Council **524-7921** and ask for a self-referred assessment. This is a free service. There will be a one-on-one interview with an assessment counselor and a recommendation for the appropriate level of care at an agency compatible with a persons financial situation. A Human Services funding evaluation may be requested to help with the financial aspects of treatment. You may call the **24-hour helpline at (262) 524-7920** for information on how to access treatment and/or detox services.

In cases of clients having no insurance, which have had previous treatment at Human Services and recognize the need for further treatment you may call Waukesha County Human Services AODA Clinic at **(262) 548-7666** and request an assessment and treatment.

In cases where a person is under the influence of alcohol or other drugs and wants detox, call Lawrence Center at **(262) 548-6900** and inform them that you will be seeking detox services. They will direct you to either Lawrence Center or the nearest Emergency Room. The county may fund a 24 hour detox. There is no medically monitored detox for marijuana or cocaine/crack use.

In cases where a person is using alcohol and/or other drugs and is having extreme physical, social and financial difficulties and is an imminent danger to him/her self or others, a three party commitment may be appropriate. Call Waukesha County Addiction Resource Council at **(262) 524-7921** for a phone screening and information on how to proceed with a commitment.

Behavioral Medicine Center.....**(262) 928-4036**
ProHealth Care
 725 American Avenue, Waukesha 53186
Service: Assessment and Referrals – 24 hours.
 Inpatient/Outpatient substance abuse treatment program.

La Casa de Esperanza.....**(262) 547-2856**
 410 Arcadian Avenue Waukesha 53186
Service: Advocacy for Hispanics in community

Lawrence Center for Chemical Dependency.....**(262) 928-6900**
**Fax (262) 928-3815**
 3011 Saylesville Road, Waukesha 53188
Service: Inpatient/Outpatient substance abuse treatment program.

Lutheran Social Services/Genesis Halfway House.
**(262) 544-0711**
**Fax (262) 544-1321**
 1002 Motor Avenue, Waukesha 53188
Service: Outpatient substance abuse treatment program.

Mental Health Association of Waukesha County
**(262) 547-0769**
**Fax (262) 547-1609**
 S22 W22660 E Broadway, Waukesha 53186
Service: Promote good mental health, by providing telephone counseling, mobile crisis intervention, help center, advocacy outreach and prevention education.

Mental Health Center**(262) 548-7950**
 1501 Airport Road, Waukesha 53186
Service: Inpatient substance abuse treatment program.

Roger's Memorial Hospital**(262) 646-4411**
 34700 Valley Road, Oconomowoc 53066
Service: Inpatient/Outpatient substance abuse treatment program.

SALS Houses(262) 549-2121
 Sober, Alternative, Living, Spaces
 1125 Catherine St, Waukesha 53186
www.salshouses.com
Service: Group housing, for the alcoholic/addict who wants to stop drinking or using and stay stopped.

Waukesha County Addiction Resource Council
(262) 524-7921

Crisis Line(262) 524-7920
 W228 N683 Westmound Dr Waukesha WI 53186
Service: Assessment, Information & Assistance, prevention, intervention, 24-hour helpline.

Alzheimer's Disease

Alzheimer's Disease (AD) is an irreversible disorder of the brain, robbing those who have it of memory, and eventually, overall mental and physical function, leading to death. For more information on such research, as well as on biological, epidemiological, clinical, and social and behavioral research on AD, two new publication are available from the National Institute on Aging (NIA): *2001-2001 Alzheimer's Disease Progress Report* and *Alzheimer's Disease: Unraveling the Mystery*, which include a CD-ROM animation of what happens to the brain in AD. The publications may be viewed at NIA's AD-dedicated website at www.alzheimers.org, the Institute's Alzheimer's Disease Education and Referral (ADEAR) Center or order free by calling ADEAR at *800) 438-4380.

Alzheimer's Family Care Support Program. (262) 548-548-7212
 Funding for services for one with AD diagnosis.
 60 through access for COP assessment

Various AD stages compared to Child Development
Stage of AD Age & Ability
 Stage 3-mild CI 12+ years-holds job
 Stage 4-mild AD 8-12 simple finances
 Stage 5 – mod AD 5-7 select proper clothes
 Stage 6a-mod/severe 5 dress self unaided
 Stage 6b 4 shower unaided
 Stage 6c 4 toilet unaided
 Stage 6d 3-4.5 control urine
 Stage 6e 2-3 control bowels
 Stage 7a-severe AD 15 months 5 – 6 words
 Stage 7b 12 months speak I words
 Stage 7c 12 months walk
 Stage 7d 6-10 months sit up
 Stage 7e 2-4 months smile
 Stage 7f 1-3 months hold head up

Legal Planning for Incapacity – check Legal Assistance

Southeastern WI Alzheimer's Association(414) 479-8800
 Helpline(800) 922-2413
 **Fax** (414) 479-8819
 6130 W National Ave #200 Milwaukee WI 53214
Service: Information and referral services for persons with Alzheimer's disease and their families; support group information available.

Department of Senior Services.(262) 548-7828
 1320 Pewaukee Road Room 130 Waukesha WI 53188
Service: Information and Assistance - Provide brochures, support group information, assistance, referral and case management to families involved with a member who has dementia/Alzheimer's disease.

Department of Health and Human Services(262) 548-7212
Service: The Alzheimer's Family and Caregiver Support Program provides assistance in determining community resources available to families in which a member has Alzheimer's disease or other irreversible dementia. Also pays for unreimbursed costs up to \$4,000 annually for related expenses for the person with dementia.
Eligibility: An assessment will be carried out to determine eligibility.

Service: The Community Options Program matches a person's long-term care needs with the best community services available to meet those needs. An assessment is first conducted to identify how many of these needs, can be met by his/her own informal support system and by outside sources. Based upon the assessment and available resources, recommendations can be made to stay in one's home or in another community setting. Financial assistance is available based on eligibility.

Cost: No charge for assessment or individual plan.

Service: Supportive Home Care provides limited services for people who need minimal to moderate assistance to live independently at home.

Intake: Call for details and further information.

Geriatric Assessment/Screenings

Geriatric Assessment includes an evaluation by a social worker, registered nurse, neuropsychologist, geriatric psychiatrist and/or gerontologist. The team discusses client's concerns such as mobility, housing, and memory, abilities to drive, cook, pay bills, and communicate. Suggestions for each concern are made and the client, doctor and family then decide what action to take. The pieces of the puzzle are put together and everyone involved knows what the future holds for them.

One may consider seeking a geriatric medical assessment if:

-An elder is considering relocation and you're unsure of the level of care s/he may need. A full evaluation can ensure that s/he selects the right housing arrangement to meet his/her present and (possibly) future needs.

-An elder's doctor dismisses his/her ailments as "old age." Pain, depression, dizziness, incontinence, and memory loss are not normal parts of aging, and thus should be carefully evaluated for possible medical causes.

-An elder is having difficulty with activities of daily living (i.e., walking, toileting, eating, grooming, and dressing) or instrumental activities of daily living (i.e., cooking, shopping, managing medication, and doing housework).

-An elder is experiencing serious memory loss or behavioral changes. While Alzheimer's disease or a series of small strokes may be the cause, prescription side effects, psychological disorders, or substance abuse may also produce similar symptoms.

-An elder's doctor makes a diagnosis without doing any testing. For example, s/he diagnosis Alzheimer's Disease without first eliminating other possible cause of memory loss.

-An elder experiences many ailments that seem to have no cause. There may be an underlying medical condition or psychological problem at the root.

Treatable Causes of Memory Loss

Poor Nutrition - Body chemistry can become imbalanced from the "tea and toast" syndrome, eating meals lacking the full range of necessary nutrients.

Dehydration - Many people do not drink enough fluids, or consume primarily caffeine beverages, which flush fluids out of the body.

Fluctuating blood sugar - People who develop diabetes late in life may go for years without realizing they should ask their physician to check their blood sugar.

Thyroid deficiency - Possible deficiency can be checked by a physician and remedied with medication.

Infection - Urinary tract or bladder infections are most common, but any infection can cause memory loss.

Medication combinations - Taking multiple pills every day can result in mix-ups or medication interactions.

Medication toxicity - Occasionally, too much medication accumulates in the blood. For example, digoxin (Lanoxin) is a heart medication, which can become toxic.

Depression - Some people lose interest in others and become confused when they get depressed. Antidepressant medication may help significantly.

Sensory losses - Loss of hearing or sight may interfere with orientation to time and place.

Lung disease - Decreased lung capacity may mean insufficient oxygen for the brain. Memory loss may completely resolve when the person goes on oxygen.

Cancer - Tumors in the brain, liver, or other organs can lead to memory loss. Prompt diagnosis may mean that the tumor can be removed or reduced through treatment.

Toxic house - Furnaces can malfunction and leave carbon monoxide in the air producing confusion and sleepiness. Fixing the furnace may restore alertness.

Froedtert Memorial Hospital Senior Health (8am-4: 30pm)
 9200 W Wisconsin Ave, Milwaukee 53226(414) 456-7070
 **In Wisconsin (800) 272-3666**
Service: Provides a comprehensive medical assessment with recommendations or follow up and services.
-Froedtert Health Services-
 Appointments at specialty clinics: Cancer, Cardiovascular, Geriatric psychiatry. Call patient service coordinator.
(414) 805-3666
-Neurology clinic-(414) 805-8220
 Provides a comprehensive assessment of dementia/Alzheimer's disease

Rogers Memorial Hospital . (262) 646-4411 or 1(800) 767-4411
 **Fax (262) 646-3158**
 34700 Valley Rd Oconomowoc WI 53066
Service: Psychiatric assessment and treatment for seniors, eating disorders, substance abuse, anxiety disorder, depression and obsessive compulsive disorder (hoarding).

Aurora Sinai Medical Center.
 950 N 12th Street Milwaukee WI 53201
-The Geriatric Institution- provides a comprehensive medical assessment with recommendations for follow-up.
Cost: Charges vary; call for details.
Intake: Call (414) 219-7300 for appointment or more information
-The Geriatric Psychiatry Program- provides comprehensive outpatient psychiatric evaluation and treatment program.
Cost: Charges vary; call for details.
Intake: Call (414) 219-7378 regarding outpatient treatment
-Regional Parkinson's Assoc Physicians.....(414) 219-5744
Service: provides comprehensive diagnostic and treatment services.

VA Medical Center (414) 384-2000, Ext. 42295
 5000 W National Ave Milwaukee WI 53295
Service: Geriatric Evaluation and Management provides inpatient services designed to provide a comprehensive medical assessment and cognitive abilities including dementia.
Eligibility: Veterans 65 years and above an assessment will be done to determine eligibility. **Cost:** No charge.

University of Wisconsin Clinics(608) 263-7740
 2880 University Ave #9060, Madison 53705
Service: Evaluation services for seniors
Intake: Charges vary; call for details.

Waukesha Memorial Hospital Senior Health Center
(262) 928-7898
 **Fax (262) 928-4147**
 725 American Ave, Waukesha 53188
Service: Evaluation Service for seniors provides neuro-Psychological medical evaluation and follow-up recommendations centering on aging and memory concerns.
Cost: Charges vary; call for details.
Intake: Call between 8 - 4:30pm Mon - Thurs for appointment.

Behavioral Medicine Center.....(262) 544-2396
 **Fax (262) 544-1213**
 Behavior is the primary concern. Psychiatry, psychotherapy, counseling services for older adults.
 Behavioral problems: call Assessment & Referral (24 hours)
(262) 928-4036

Driving Evaluations for Seniors

Wisconsin Dept of Transportation, Division of Motor Vehicles
For Medical Reasons(608) 266-2327
For Non-Medical Reasons..... (608) 266-2325

55 Alive-Mature Driving Class (Horizon)(262) 251-1001

Community Memorial Hospital
Pre-driving Assessment – OT Department....(262) 257-3080
 **Fax (262) 253-7170**
 A driver's test includes a knowledge test and demonstration of driving skills.
Cost: \$200.00, Requires a Doctors order.

Nail, Foot, Hair Care

Bi-monthly Curative Rehabilitation

Podiatry Services.....(262) 574-9147

149 Wisconsin Ave Waukesha WI 53186

Open to the public, call for appointment.

“Hair I Am”(262) 896-9240

Service: In home hair care for county residents only.

Personal (hair) Styles By Mick.....(262) 662-5007

The Caring Place Adult Day Center(262) 542-6388

810 N. East Avenue, Waukesha 53186

Services: Bimonthly podiatry services

Wig Loans: Call **Care Connection** to make appointment

.....(262) 251-1001

.....(800) 246-8332

Community Memorial Hospital

W180 N8085 Town Hall Rd, Menomonee Falls 53051

Hospice Care

Provision of end-of-life care to the patient and support, respite, direction, comfort and follow up bereavement support to those closely involved. The staff should be consistent throughout this time (80% of the time your loved one should have the same nurse). The family should request a monthly calendar to indicate when the nurse, social worker, chaplain, aide and music therapist are visiting and how often.

Angel Grace Hospice ProHealth Care.....(920) 474-7800

.....Fax (920) 474-7845

W359 N7430 Brown St, Oconomowoc 53066

Service: **Residential hospice** for end-of-life care for all ages.

Intake: Call for Details.

Aurora Visiting Nurse Assoc. of WI (VNA)(414) 327-2295

.....Fax (414) 328-4496

11333 W National Ave, Milwaukee 53227

www.AuroraHealthCare.org

Service: **Home Hospice Program** provides terminal care under hospice guidelines. **Intake:** Call for details.

Aurora VNA Zilber Family Hospice(414) 615-5900

.....1 888-206-6955

1155 Honey Creek Parkway, Wauwatosa 53213

www.AuroraHealthCare.org

Service: **Residential hospice** for end-of-life care for all ages.

Intake: Call for Details.

Covenant Home Hospice(414) 535-7070

.....Fax (414) 535-7046

9688 W. Appleton Avenue, Milwaukee 53225

Service: **Home Hospice Program** provides terminal care

under hospice guidelines. **Intake:** Call for details.

Horizon Hospice Care(414) 365-8300

.....Fax (414) 365-8380

8949 N Deerbrook Trail, Milwaukee 53223

Service: Provides hospice & home care for the terminally ill. A team of health care and social workers will work with the patient and the family.

Intake: Call for details.

Hospice Preferred Choice, Inc......(414) 649-8302

.....Fax (414) 282-4765

3118 South 27th Street, Milwaukee 53215

Service: Provides home hospice care for terminally ill under hospice guidelines.

Intake: Call for details

Pro Health Home Care & Rolland Nelson Crossroads Hospice

.....(262) 928-7444 or Toll Free (877) 453-9272

.....Fax (262) 928-7446

1020 James Drive #E, Hartland 53029

Service: **Crossroads Hospice Program** provides hospice care for the terminally ill. A team of health care and social workers will work with the patient and the family.

Intake: Call for details.

Milwaukee Hospice Residential Facility(414) 438-8000

.....Fax (414) 438-8010

4067 N 92nd, Wauwatosa 53222

Service: Seven-bed inpatient hospice care unit.

Milwaukee VNA Hospice(414) 327-2295

11333 W National Avenue, West Allis 53227

Service: Provides home care for the terminally ill. A team of health care and social workers will work with the patient and the family.

Intake: Call for details.

Odyssey Health & Hospice Care Inc(414) 546-3200

.....(888) 280-3332

.....**Fax (414) 546-3401**

10150 W. National Ave #200, West Allis 53227

Service: Provides terminal care under hospice guidelines.

Ruth Hospice Care.....(414) 607-4700

8526 W. Mills Road, Milwaukee 53225.... **Fax (414) 607-4711**

8300 W Beloit Road, Milwaukee 53227 **Fax (414) 607-4459**

Service: Inpatient terminal care under hospice guidelines.

Season's Hospice & Palliative Care(414) 203-8310

.....(800) 379-5105

.....**Fax (414) 203-8311**

4650 N Port Washington Rd, Milwaukee 53212

www.seasons.org

Service: Provides home care for the terminally ill. A team of health care and social workers including music therapist will support the patient and family.

Intake: call for details.

Visiting Angels.....(262) 695-4418

.....**Fax (262) 695-7461**

146 Park Avenue Pewaukee 53072

Call for more information.

Vitas Hospice Care(414) 257-2600

.....**Fax (414) 454-3144**

2675 North Mayfair Road, #420 Wauwatosa 53226

Service: Outpatient hospice programs.

Medical Equipment Loans

New and used medical equipment (wheelchairs, walkers, canes, tub chairs and other items) are available. Donations are welcome.

Caring Concepts(800) 769-7771

.....**Fax (608) 329-4407**

Golden Years Comfort wear- Medical clothing for patient

First United Methodist Church(262) 542-4256

121 Wisconsin Avenue, Waukesha 53186

Waukesha County Department of Health and Human Services

.....**(262) 548-7670 or (262) 548-7369**

500 Riverview Avenue Waukesha WI 53188

Call (262) 548-7828 for medical equipment information.

Wig Loan-Care Connection.....(800) 246-8332

Durable Medical Equipment

Knueppel Health Care(414) 258-2800

1444 S 113th St, West Allis 53214

Service: Medical equipment service and repair.

Home Medical Equipment and Supplies. Ambulatory products, bath safety, wheelchairs, hospital beds, etc...

Independent Living Aids For bathing, dressing, eating, toileting, grooming etc...

Homecare Medical(262) 786-9870

5665 S. Westridge Dr., New Berlin 53151

Miller Mobility.....(262) 549-4900

144 W. Broadway, Waukesha 53186

For Durable Medical Equipment Information call

DOSS..... (262) 548-7828

MEDICAL, DENTAL, DIAGNOSTIC, DIALYSIS & EVALUATION SERVICES

Services for the Blind

Badger Association of the Blind(414) 258-9200

912 N Hawley Rd, Milwaukee 53213

Service: Residential home for the blind educational, cultural and arts and crafts get-togethers, equipment, information and referral.

Eligibility: Visual impaired or restricted field of vision.

Cost: Varies by program.

Intake: Call for more information.

State of Wisconsin Bureau for the Blind Milwaukee office

.....(414) 302-2762

912 N Hawley Rd, Milwaukee 53213

State of Wisconsin Bureau for the Blind Madison office

.....(608) 266-3109

.....(888) 879-0017

PO Box 7851 Madison 53707

Service: Rehab teaching of daily living skills, independent living for older blind individuals.

Wisconsin Council of the Blind Inc.....(800) 783-5213

354 West Main Street Madison WI 53703-3115

Service: Adaptive equipment, low vision evaluations, scholarships & white canes.

Relearning of tasks.....(262) 548-5862

Wisconsin Lions Foundation.....(877) 463-6953

.....Fax (715) 677-4527

Call your telephone provider to set up the service to call for a telephone number instead of using a telephone book – no charge.

Services for the Deaf

Center For The Deaf And Hard Of Hearing(414) 604-2200

10243 W National Ave, West Allis 53227 ..TTY (888) 742-7651

.....Fax (414) 604-7200

Service: Educational programs on hearing loss in older people, senior hearing screening, information and referral.

Cost: Fees are based on ability to pay reduction or waiver available for equipment.

Intake: Call for details.

Universalink (Hearing devices & equipment)(414)541-5465

.....(800) 755-7994

Set up an appointment to try equipment....TTY (888) 742-7654

Wisconsin Office of Deaf & Hard of Hearing(262) 521-5128

.....TTY (262) 548-5858

.....Fax (262) 521-5314

141 NW Barstow St #104, Waukesha 53188

Service: Education and information related to deaf and hard of hearing issues. ADA, interpreting services, housing, accessibility issues.

Madison Office of Deaf & Hard of Hearing(608) 266-3118

Wisconsin Office of Deaf & Hard of Hearing web site:

www.dhfs.wisconsin.gov

Dental Services

Marquette University Dental Clinic(414) 288-6790

1801 W Wisconsin Ave, Milwaukee 53233

Service: Dental services at reduced costs. Mobile dentist.

Mobile Dental Clinic (MDC)(262) 754-4851

20100 W. Greenfield Ave, Brookfield 53045

Takes straight Title 19 only

State Dental Hotline(800) 362-3002

Service: Provide information to closest T19 dentist in your area. Choose Medicare (option 2) from phone menu.

St Joseph's Medical & Dental Clinic(262) 544-6777
Fax (262) 544-6667
 826 N East Ave, Waukesha 53186
Service: Medical and dental services for low-income people.
Cost: \$3 donation.
Intake: Call for details and appointment.

MDC Title 19 Dental Clinic (Straight T19)(262) 754-4851

MDC LABS262-786-4776
Service: Denture and partial repairs.

Wisconsin Donated Dental Services(414) 276-0370
(888) 338-6852
 111 E Wisconsin Avenue, Milwaukee 53202
Service: Comprehensive dental care to older adults with illnesses severe enough to prohibit employment and who are unable to afford services. www.wda.org

Dialysis Centers

Brookfield Dialysis Center(262) 782-9856
Fax (262) 782-9984
 2085 N Calhoun Rd, Brookfield 53005

Gambro Dialysis Center(262) 781-0273
Fax (262) 781-0305
 19395 W. Capital Drive #100, Brookfield 53045

Oconomowoc Dialysis Center(262) 567-3199
Fax (262) 567-3821
 1253 Corporate Center Drive, Oconomowoc 53066

Menomonee Falls Dialysis Center(262) 253-9768
Fax (262) 253-9870
 W173 N9170 St Francis Drive, Menomonee Falls 53051

Mukwonago Dialysis Center(262) 363-1925
Fax (262) 363-1928
 400 Bay View Rd #F, Mukwonago 53149

New Berlin Dialysis Center(262) 789-7148
 13900 W National Av #202, New Berlin 53151

Low Income Medical Services

Community Nursing Clinic – WCTC Pewaukee(262) 695-1888

Community Nursing Clinic – Genessee Depot(262) 968-1841
Service: General medical exams by nurse practitioners at a reduced fee.

Community Outreach Health Clinic(262) 532-3393
Fax (262) 250-7448
 W180 N8085 Town Hall Road, Menomonee Falls 53052
Service: Medical services for low-income people
Cost: \$5 donation.

La Casa de Esperanza Outpatient Clinic(262) 928-4402
Fax (262) 928-7340

Email: info@lacazadeesperanza.org
 210 NW Barstow St., Suite 110, Waukesha 53188
Services: Are culturally sensitive and bilingual (Spanish-English) in the areas of mental health, alcohol and other drug abuse treatment, and HIV/AIDS prevention education. The services are strength-based, family-centered.
 Mental Health: Individual, couple/family counseling, group counseling (offered 1-2 times a year). Therapy is offered for, but not limited to, depression, anger management, conflict resolution, parenting issues, anxiety, and domestic violence (victim or perpetrator).
 Alcohol & Other Drug Abuse: Individual, couple/family counseling, and AODA group: Relapse prevention group (weekly) – focus on support services and maintaining a healthy lifestyle.
 HIV Prevention Education: Free and confidential HIV/AIDS education and outreach services on risk behaviors and prevention strategies.

Lake Area Free Clinic(262) 569-4990
.....Fax (262) 569-1712
432 S Lapham St, Oconomowoc 53066
Hours: 5:00 pm – 8:00 pm Tuesday evenings

St Joseph's Medical & Dental Clinic(262) 544-6777
.....Fax (262) 544-6667
826 N East Ave, Waukesha 53186
Service: Medical and dental services for low-income persons.
Cost: \$3 donation.
Intake: Call for details and appointment.

Waukesha Family Practice Center(262) 548-6903
.....Fax (262) 548-3820
210 N West Barstow #201, Waukesha 53188
Service: Nurse practitioners and resident physicians make house calls. Bilingual (Spanish) also.

Nutrition Counseling

Nutrition Education and Budgeting(262) 548-7877
Waukesha County University of Wisconsin Extension

Waukesha County Department of Senior Services(262) 548-7828

Waukesha County Public Health(262) 896-8430

Physician Referral and Information Service

Visiting Physicians (in-home visits)(414) 543-9600

Nurse on Line Waukesha Memorial Hospital(262) 544-2745
.....Fax (262) 928-2515
725 American Ave, Waukesha 53188
Services: Free, confidential health care information service staffed by specially trained registered nurses. Health information, medical advice, referrals to physicians (who are affiliated with Waukesha Memorial Hospital and Oconomowoc Memorial Hospital), and health resources.

**Careconnection-Community Memorial Hospital
Menomonee Falls**.....(262) 251-1001
.....(800) 246-8332
.....Fax (262) 250-7448
Services: Registered nurse answers health care questions, refers to physicians (affiliated with the hospital) and hospital services, and provides information on health care services, educational programs, support groups and community resources. Resource representatives provide information on educational programs and accept class registration.

**Covenant Referral and Information Line
Elmbrook Memorial Hospital**(877) 226-8362
19333 W North Ave, Brookfield 53045
Services: Referrals to physicians and specialists (who are affiliated with the hospital), and hospital services for program and activities information.

Veteran's Hospital Emergency Nurse Line(414) 384-2000

Other

Aurora Health Care Center.....(262) 896-6000
.....FAX (262) 896-3921
Service: General elderly medical examinations.

Division of Vocational Rehabilitation(262) 548-5850
.....TTY (262) 548-5852
.....Fax (262) 521-5302

Waukesha State Office Building
141 NW Barstow St #157, Waukesha 53188
Service: Evaluation, counseling, training and placement services for jobseekers that are disabled. Assist in adapting to different aspects of vision loss and/or hearing loss.

PUBLIC HEALTH INFORMATION

HEALTH SERVICES and EDUCATION:

Waukesha County Public Health Division(262) 896-8430
 **FAX (262) 896-8387**
 **TDD (262) 896-8234**

615 West Moreland Blvd, Waukesha 53188

Service: Adult immunizations. Call for appointment and costs.

Service: International Travel Program provides education and immunizations needed for safe travel to foreign countries. Call for appointment and costs.

Service: Family Health Clinics provide health assessments, screening and education. Call for appointment.

Service: In home ongoing care coordination, assessment and monitoring of health problems. Call for appointment.

Service: Home-visit assessments, screening, adult immunizations, health education and counseling, medication teaching, information on international travel & vaccinations.

Cost: Small fee - waiver available.

Intake: Call for details and appointment.

Waukesha County Medical Society(262) 695-7412
 **Fax (262) 695-7442**

Wisconsin Donor Network(800) 432-5405
(Organ Donation) **Fax (414) 259-8059**

Poison Help(800) 222-1222
 **TTY (414) 266-2542**

Service: Hotline seniors can call with questions about generic meds, and or if concerned about overdose of medications. Call toll free seven days a week. Interpreters able to help all non-English speaking callers.

Health Promotion

Safe Areas to Walk

YMCA's (262) 542-2557

Waukesha Family YMCA

320 E. Broadway, Waukesha, WI 53186

YMCA of Pabst Farms(262) 567-7251

1750 Valley Road, Oconomowoc, WI 53066

YMCA (Tri-County)(262) 255-9622

N84 W17501 Menomonee Ave, Menomonee Falls 53051

Park & Recreation Departments (262) 679-4108

Muskego Park & Recreation Department

W182 S8200 Racine Avenue, Muskego WI 53150

Waukesha Park & Recreation, Schuetze Recreation Center

1120 Baxter Street, Waukesha, WI 53186(262) 524-3737

Community/Senior Centers- (262) 796-6675

Brookfield Senior Community Center - Mon-Fri 9 am-3 pm

2000 N. Calhoun Road, Brookfield, WI 53005

Kettle Moraine Senior Center (262) 968-6300 Ext. 326

Hwy 18, Wales, WI 53183

Menomonee Falls Community/Senior Center (262) 255-8469

W152 N8645 Margaret Road, Menomonee Falls, WI 53051

Mon-Fri 8 am-4 pm

New Berlin Senior Center(262) 784-1396

2600 S. Sunnyslope Road, New Berlin, WI 53151

Mon-8:30 am-4 pm & Wed 8:30 am-1 pm

Oconomowoc Area Senior Center(262) 567-4288

1306 W. Wisconsin Avenue, Oconomowoc, WI 53066

Mon-Fri 8 am-4:30 pm

Sussex Community Center(262) 246-6447

W240 N5765 Maple Avenue, Sussex, WI 53089

Mon-Fri 8 am-5 pm

Parks & Walking Trails

- Frame Park & Fox Riverwalk, Waukesha
- Fox Brook Park walking trails, Brookfield
- Fowler Lake walking trail, Oconomowoc
- Bugline Recreational Trail, Menomonee Falls
Begins on Appleton Ave. & Shady Lane Boulevard
- Lime Kiln Trail, Menomonee Falls
Situates on the Menomonee River on Mill Road just south of Main Street and east of Appleton Avenue in the Village Centre Business District
- Spassland Park, Germantown
Located on Colonial Drive ¼ mile north of County Line Road

Schools

Menomonee Falls High School.....(262) 255-8444

W142 N8101 Merrimac Drive, Menomonee Falls
Year-round Mon-Fri 6:15-7am & 4 -9 pm

Hamilton High School(262) 246-1973

W220 N6151 Town Line Road, Sussex
Oct-March, Mon-Thurs 5:30-9 pm

Germantown High School.....(262) 250-4710

W180 N11501 River Lane, Germantown
Nov-March; Mon-Fri 6:15-7 am
Main Level- A Building Cafeteria Entrance
Tues-Thurs 7-8:45 pm
Main & Upper Level- B Building Gym Entrance

Cushing Elementary School(262) 646-6700

227 Genesee Street, Delafield, WI 53018
Mon-Fri 7-8 am & 4-5 pm

Dousman Elementary School(262) 965-6550

341 E. Ottawa Avenue, Dousman, WI 53118
Mon-Fri 7-8 am & 4-5 pm

Wales Elementary School(262) 968-6400

219 Oak Crest Drive, Wales, WI 53183
Mon-Fri 7-8 am & 4-5 pm

Waukesha School District (Call for participating schools)

Lindholm Administrative Building.....(262) 970-1000
222 Maple Avenue, Waukesha, WI 53188

Malls

Mayfair Mall(414) 771-1300

2500 N. Mayfair Road, Wauwatosa, WI 53226

Open for walking at 7 am - Normal Hours: Mon-Fri 10 am-9 pm,
Sat 10 am- 6 pm, Sun 11 am-6 pm

Brookfield Square Mall (262) 797-7245

95 N. Moorland Road, Brookfield, WI

Open for walking at 7 am

Normal Hours: Open Mon-Sat 10 am-9 pm, Sun 11 am- 6 pm

Walking Clubs

Sussex Walking Club(262) 246-6447

Call the Sussex Community Center for more information
Mon-Fri 8 am-5 pm

The Greater Menomonee Falls 390 Walking Club(262) 251-2430

Call the Chamber of Commerce Office for more information
Mon-Fri 8 am- 4:30 pm

HOSPITALS

Aurora Sinai Medical Center(414) 219-2000

.....(888) 414-7762

..... Fax (414) 219-7632

950 N 12th Stree,t Milwaukee 53201

Community Memorial Hospital of Menomonee Falls

.....(262) 251-1000

..... Fax (262) 253-7169 TTY (262) 251-1012

W180 N8085 Town Hall Road, Menomonee Falls 53051

Elmbrook Memorial Hospital(262) 785-2193

..... Fax (262) 785-2485

19333 W North Avenue, Brookfield 53045

Froedtert Hospital(414) 259-3000

9200 W Wisconsin Avenue, Milwaukee 53226

Medical College of Wisconsin-Body Donation .(414) 456-8261

Waukesha County Mental Health Center (Inpatient)(262) 548-7950
..... Fax (262) 970-4799
1501 Airport Road, Waukesha 53188

Oconomowoc Memorial Hospital.....(262) 569-9400
.....TTD (262) 569-0641
791 Summit Avenue, Oconomowoc 53066

Parkinson's Center.....(414) 219-5744
.....Fax (414) 219-5503
945 N. 12th St #4602, Milwaukee 53233

Rogers Memorial Hospital(800) 767-4411
34700 Valley Road, Oconomowoc 53066.....(262) 646-4411
.....Fax (262) 646-3158

St. Francis Hospital(414) 647-5000
3237 S 16th St, Milwaukee 53215

St. Joseph's Hospital(414) 447-2000
5000 W Chambers, Milwaukee 53210

St. Luke's Hospital.....(414) 649-6000
2900 W Oklahoma Ave, Milwaukee 53215

St. Mary's Hospital.....(414) 291-1000
2323 N Lake Dr, Milwaukee 53211

St. Michael's Hospital.....(414) 527-8000
2400 W Villard Ave, Milwaukee 53209

Veteran's Affairs Medical Center.....(414) 384-2000
5000 W National Avenue, Milwaukee 53295

Waukesha Memorial Hospital.....(262) 928-1000
725 American Avenue, Waukesha 53188

West Allis Memorial Hospital.....(414) 328-6000
8901 W Lincoln Ave, West Allis 53227

West Allis Memorial's Women Pavilion.....(414) 978-3000
8901 W Lincoln Ave, West Allis 53227

HOUSING

HOUSING OPTIONS

This is a look at housing options. Keep in mind some of these options might not be possible based on income and assets. There is very little financial assistance available for housing (Community Options Program does assist but there is an extensive waiting list for this program). Some long-term care insurance policies also may offer assistance.

Independent Living--- This is for individuals who are able to meet their own needs or can bring services into their environment. For services that are available please see Department of Senior Services brochure. **Private Pay (rent assistance or subsidized apts. may be available).**

Assisted Living--- For individuals who require assistance/supervision. Residents remain in private apartments but services are incorporated in the contract. Staff available 24/7. **Private Pay, Community Options Program, Long Term Care Insurance*.**

Community Based Residential Facility--- Individuals who require assistance/supervision. More restrictive than assisted living. Many of them are in a home like setting. **Private Pay, Community Options Program.**

Adult Family Homes--- Individuals live in a family like setting. Generally maximum of four individuals in each home. Individual may have to be able to perform some self cares. **Private Pay, Community Options Program.**

Nursing Homes---Facility for individuals who require skilled nursing care or is no longer able to function in a less restrictive environment. Nurses and aides available 24 hours a day. **Private Pay, Long Term Care Insurance, Medicaid (Title 19) when assets reach the required level.**

Rooming Houses---Usually one room, sharing facilities with other roomers. **Private Pay**

Frequently Asked Questions

My loved one can no longer live at home, what are my options?

- Can the individual remain in their current setting if assistance is brought into their residence? Help is available. The Department of Senior Services offers in home assistance programs with cost determined by sliding fee scales or on a donation basis.
- The next step in the progression of housing would be a facility that offers assistance/supervision. Unfortunately these options can be costly. If finances are an issue you should first look at family/relatives. Is the individual able to live with someone in the immediate family? If not, look at next option.
- If the previous two options will not work, look at different housing. Housing (other than nursing home) is private pay unless the Community Options Program (COP- call 262-548-7212 for eligibility) is applicable or Long Term Care insurance covers the type of setting. Rates vary widely so check and find a place that offers the services to fulfill the individual's needs at an affordable cost. If this option does not work, go on to the next.
- If finances or level of needed assistance prohibits the previous choices Nursing Home placement may be the only option (remember unless the individual is declared incompetent and you are the Power of Attorney the choice belongs to them). If financial guidelines for Medicaid (T-19) are met or there are questions regarding eligibility contact the Department of Health and Human Services (262-548-7708) for an appointment. Call 262-548-7330 for an application.

My loved one currently lives in assisted living but is running out money. What can I do?

- Check with family/relatives to see if someone can assist financially for this individual or if living with a family member is possible.
- Can individual return to independent living if services were brought into their home? See Senior Services brochure for service options.

- Is individual on COP waiting list and if they are will they be able to pay privately until assistance is available?
- Are less expensive settings (Adult Family Homes or CBRF's) a viable option?
- If none of the above will satisfy needs of individual then only alternative is nursing home. Individual must meet physical standards and apply for Medicaid (T-19) if private pay is not possible.

My loved one cannot live independently anymore but has no money for assisted living what are my options?

- Options are the same as if someone is in assisted living but no longer able to afford (see above).

How do I get my loved one in Subsidized Housing?

- You can contact the Waukesha County Housing Authority for questions regarding subsidized housing (262-549-3284 or 262-542-2262).
- Each subsidized housing unit has their own application so you can contact the area you are interested in and fill out an application for that unit.

Where do I get information on housing? Where are the housing options located?

- The Waukesha County Department of Senior Services resource directory has listings of each type of housing.
- Interfaith of Milwaukee (414-291-7500) has information on nursing home costs and openings for several counties.
- Housing Authority of Waukesha (262-542-2262)

SENIOR HOUSING PLACEMENT ASSISTANCE

Companies that will help the family identify appropriate placements for senior housing options at no charge.

Senior Pathways(414) 425-1493

.....Fax (414) 525-2691

Information-Referrals – Placement Agency
6771 South 68th Street, Franklin 53132

Senior Placement Network(262) 782-4202
PO Box 511401, New Berlin 53151

Senior Referrals(414) 325-3400
4811 South 76th St, Greenfield 53220

LANDLORD TENANT LAW

Automated Hotline(414) 272-6952

EMERGENCY SHELTER

Fair Housing and Equal Opportunity .. (414) 297-3214 Ext. 8305

HUD General Information(414) 297-3214

Hebron House of Hospitality(262) 549-8720
Administrative OfficesFax (262) 549-8730
134 W North Street, Waukesha 53188

Hebron House Shelter (for families & single women)
.....(262) 549-8722
.....Fax (262) 549-8731
812 N East Ave ,Waukesha 53186

Jeremy House Safe Haven (for individuals with mental health
concerns)(262) 549-8735
.....Fax (262) 549-8737
1301 E Moreland Blvd, Waukesha 53186

Siena House Shelter (for families & single women)
.....(262) 549-8732
.....Fax (262) 549-8739
1519 Summit Ave, Waukesha 53188

Women's Center(262) 547-4600
.....Fax (262) 574-3640
24 Hour Crisis Line(262) 542-3828
.....Fax (262) 522-3882
505 N. East Avenue, Waukesha 53186

Waukesha Salvation Army (for men)(262) 547-7367
.....Fax (262) 547-5709
445 Madison Street, Waukesha 53188

SUBSIDIZED RENTAL HOUSING

Waukesha County Housing Authority
120 Corrina Blvd, Waukesha 53186
.....County - (262) 549-3284
.....City - (262) 542-2262
Subsidized housing provides some financial relief for housing
expenses.

(Listed alphabetically by community) /(Inquire if pets are acceptable)

Hampton Regency Apartments(414) 271-4116
12999 W Hampton Avenue, Butler 53007

Hillside Woods(262) 646-3441
Horizon affiliate of Hillside Woods(800) 280-1188
3280 Hillside Drive #317, Delafield 53018

Knoll Crest Apartments(262) 646-4457
674 Division Street Delafield 53018

Eagle Meadows262) 567-3265
201 N Parkview Drive, Eagle 53119

Breezewood Apartments(262) 367-2868
400 Sunnyslope Drive, Hartland 53029

Messner Manor(262) 251-6055
N90 W17421 St Francis Drive, Menomonee Falls 53051

Lake View Terrace Apts(262) 646-8112
315 Gibson Street, Mukwonago 53149

High Ridge Manor(262) 789-9588
13445 W National Avenue, New Berlin 53151

Hickory View Commons Apartments(262) 567-8777
211 S Concord Stree, Oconomowoc 53066

Parkland Commons Apartments(262) 567-8777
427 W Second Street, Oconomowoc 53066

Wilkinson Manor(262) 569-8196
919 E Summit Avenue, Oconomowoc 53066

Bristol Court.....(414) 449-1020
W246 N6500 Pewaukee Road, Sussex 53089

East Terrace Apartments(262) 544-9757
801 N East Avenue, Waukesha 53186

La Casa Village(262) 547-2856
1431 Big Bend Road, Waukesha 53186

Moreland Grove Apartment Homes for Seniors..(262) 549-2400
790 W Moreland Boulevard #100, Waukesha 53188

River's Edge Apartments(262) 547-4488
100 Corrina Boulevard, Waukesha 53186

Saratoga Heights(262) 542-2262
120 Corrina Boulevard, Waukesha 53186

Shepherd Heights(262) 253-9845
Menomonee Falls

Sunset Apartments.....(262) 547-1829
1512 Big Bend Road, Waukesha 53186

Sunset Heights Apartments.....(262) 547-9764
1926 Madera Street, Waukesha 53186 (62 & Older)

The Senior House(262) 446-9144
.....(262) 544-9776
825 Pleasant Street, Waukesha 53186

Willow Park.....(262) 548-9786
1001 Delafield Street, Waukesha 53188

INDEPENDENT LIVING

*(Listed alphabetically by community) *Accepts Pets*

***Brookfield Woods**.....(262) 827-0303
695 N Brookfield Road, Brookfield 53045

Congregational Home(262) 781-0550
.....Fax (262) 781-0559
3150 Lilly Road, Brookfield 53005-7632

Heritage Place(262) 782-1948
17560 W North Avenue, Brookfield 53045

Norhardt Senior Apartments(262) 860-0021
1930 Norhardt Dr, Brookfield 53045

Willow Brook Court(262) 780-1000
17285 W River Birch Drive Brookfield 53045

Butler Square(262) 781-4242
12809 W Hampton Avenue, Butler 53007

Hampton Regency Apartments(262) 781-4407
12999 W Hampton Avenue, Butler 53007

Hillside Woods I (262) 646-3441 or (800) 280-1188
3280 Hillside Drive, Delafield 53018

Hillside Woods II(262) 646-4800
3270 Hillside Drive, Delafield 53018

Knoll Crest Apartments.....(262) 646-4457
674 Division Street, Delafield 53018

Three Pillars Campus
Masonic Village on the Square(262) 965-9525
375 Highway 67, Dousman 53118

Breezewood Village II Apartments(262) 367-2868
450 Sunnyslope Drive, Hartland 53029

Hartland Meadows(262) 369-3801
357 Cottonwood, Hartland 53029

River Oaks Apartments(262) 369-5351
550 Cottonwood Avenue, Hartland 53029

Jolly-Aire Apartments(262) 502-1650
W164 N9091 Water Street, Menomonee Falls 53051

Tamarack Place.....(262) 255-4441
N84 W17147 Menomonee Ave, Menomonee Falls 53051

The Arboretum.....(262) 253-0909
W180 N7890 Town Hall Road, Menomonee Falls 53051

Riverwalk Senior House.....(262) 367-3219
Resident Manager(414) 704-1772
W165 N9080 Hale Ave. Menomonee Falls 53051

Shepherd Heights.....(262) 253-9845
Menomonee Falls

Wildwood Highlands Senior Apart.....(262) 251-9000
N78 W17445 Wildwood Drive, Menomonee Falls 53051

Birchrock Senior Communities Apartment(262) 363-9009
280 BirchRock Way, Mukwonago 53149

Birchrock Senior Communities Town Houses....(262) 363-9076
280 Birchrock Way, Mukwonago 53149

Muskego Regency(262) 679-0888
W181 S8540 Lodge Boulevard, Muskego 53150

Steeple View.....(414) 529-8866
12455 W Janesville Road, Muskego 53150

Stoney Creek Adult Community.....(414) 422-4686
S69 W14142 Tess Corners Drive, Muskego 53150

Tudor Oaks.....(414) 529-0100
S77 W12929 McShane Drive, Muskego 53150

Woodview Senior Apartments.....(262) 679-7644
S87 W18193 Woods Road, Muskego 53150

Deer Creek Village(262) 641-9410
3601 S 147th St., New Berlin 53151

National Highlands Senior Apartments(262) 821-5106
13705 W. National Avenue, New Berlin 53151

National Regency.....(262) 789-1699
13750 W National Avenue, New Berlin 53151

Pinewood Creek.....(262) 784-8882
3150 S Pinewood Creek Ct., New Berlin 53151

Hickoryview/Parkland Commons(262) 567-8777
427 W Second Street, Oconomowoc 53066

Lake Terrace Apartments.....(262) 569-9880
1380 W Wisconsin Avenue, Oconomowoc 53066

Wilkinson Woods.....(262) 567-1166
999 E Summit Avenue, Oconomowoc 53066

Cecelia Place of Pewaukee(414) 327-8170
Hwy 16 & Capital Dr, Pewaukee 53072

Hawthorne Place.....(262) 691-8899
1105 Hawthorne Place, Pewaukee 53072

Kirkland Crossing.....(262) 695-5800
700 Quinlan Dr, Pewaukee 53072

Quail Point(262) 695-9200
1088 Quail Court, Pewaukee 53072

The Silvernail(262) 896-2100
2451 Silvernail Road, Pewaukee 53072

Sussex Mills Apartment(262) 820-1118
W240 N6345 Maple Avenue, Sussex 53089

Arcadian Apartments(262) 544-0000
222 Arcadian Avenue, Waukesha 53186

Arcadian Springs Apartments(262) 544-0311
900 N. Hartwell Avenue, Waukesha 53186

Avalon Square.....(262) 446-9300
222 Park Place, Waukesha 53186

Brookfield Highlands.....(262) 798-9898
20825 George Hunt Circle Suite 708, Waukesha 53186

Ccls Apartment Program(262) 549-9491
716 N. Barstow Street, Waukesha 53186

Fox Point Village Apartments.....(262) 547-2191
2000 Oakdale Drive, Waukesha 53189

Hickory Hill Apartments.....(262) 542-8733
1219 S. Grandview Blvd, Waukesha 53188

Hillcrest Apartments.....(262) 549-4810
1804 S. Grand Ave, Waukesha 53189

Hillcrest Apartments.....(262) 548-8898
114 Hinman Ave, Waukesha 53186

Hillside Village Apartments(262) 544-4976
1606 Swartz Drive, Waukesha 53188

Main Street Plaza Apartments(262) 547-0818
234 W. Main Street, Waukesha WI 53186

Monterey Apartments.....(262) 549-1212
2725 N. University Drive, Waukesha 53188

Moreland Grove Apartment Homes for Seniors..(262) 549-2400
790 W Moreland Boulevard Suite 100, Waukesha 53188

Morningside Hills Apartments.....(262) 542-4515
309 Sheffield Rd, Waukesha 53186

Mountain Village Apartments(262) 547-9802
304 W. North Street Waukesha WI 53188

***Oak Hill Terrace**.....(262) 548-1457
1805 Kensington Dr., Waukesha 53188

***Oak Hill Village**(262) 548-1449
1800 Kensington Drive, Waukesha 53188

Pebble Place Apartments.....(262) 548-0455
2701 N. University Drive Waukesha 53188

Pebble Valley Village Apartments(262) 542-2381
2417 Pebble Valley Rd, Waukesha 53188

Pine Point Apartments(262) 970-0248
156 S. Grand Ave, Waukesha 53186

Pleasantview Senior Apartments(262) 547-7911
2111 Patricia Lane, Waukesha 53188

River's Edge Apartments II.....(262) 547-4488
100 Corrina Boulevard, Waukesha 53186

Riverwalk Apartments(262) 544-1412
806 Riverwalk Dr Waukesha 53188

Springdale Apartments(262) 547-6621
2415 Springdale Rd, Waukesha 53186

Summit Woods.....(262) 521-1388
2501 Summit Avenue, Waukesha 53188

Sunset Apartments.....(262) 547-1829
1512 Big Bend, Waukesha 53186

***Sunset Heights Apartments**(262) 547-9764
.....(262) 240-9406
1926 Madera St, Waukesha 53189

West Grove Apartments.....(262) 544-6900
Management Office: 2115 Kensington Dr, Waukesha 53188

Westwind Apartments(262) 650-9933
22133 Davidson Rd, Waukesha 53186

Willow Creek Apartments(262) 782-0009
2420 Parklawn Dr, Waukesha 53186

Willow Park Apartments.....(262) 548-9786
1001 Delafield St, Waukesha 53188

Allows Pets:

Cedar Ridge Retirement Community/West Bend.(262) 338-8377

Allows Cats:

Milwaukee Catholic Home.....(414) 224-9700
2462 N Prospect Avenue, Milwaukee 53211

ASSISTED LIVING (Independent with some assistance)

Assisted Living provides a residential environment for older adults who need some supportive services to help them maintain as independent a lifestyle as possible. Assistance with activities of daily living is provided, including bathing, dressing, and housekeeping.

Assisted Living Federation Assoc of America

.....(703) 691-8100

Where to Find Information of Assisting Living in Wisconsin:

The following websites provide information on the three types of assisted living in Wisconsin. Community Based Residential Facilities (CBRFs), Residential Apartment Complexes (RCACs), and Adult Family Homes (AFHs).

Regulations:

CBRFs: <http://www.legis.state.wi.us/rsb/code/hfs/hfs083.pdf>

RCACs: <http://www.legis.state.wi.us/rsb/code/hfs/hfs089.pdf>

AFHs: <http://www.legis.state.wi.us/rsb/code/hfs/hfs088.pdf>

Directories:

CBRFs:

<http://www.dhfs.state.wi.us/bqaconsumer/AssistedLiving/cbrfdir.pdf>

RCACs:

<http://www.dhfs.state.wi.us/bqaconsumer/AssistedLiving/rcacdir.pdf>

AFHs:

<http://www.dhfs.state.wi.us/bqaconsumer/AssistedLiving/afhdir.pdf>

Sources of Funding for Resident Care:

Program summaries and links:

<http://www.wiaffordableassistedliving.org/funding/public.html>

COP and COP-Waiver: http://www.dhfs.state.wi.us/ltc_cop/COP.HTM

Medicaid card: <http://www.dhfs.state.wi.us/Medicaid/index.htm>

SSI: <http://www.dhfs.state.wi.us/SSI/>

Quality Assurance/Client Rights

Client Rights & Grievance Information and Forms:

<http://www.dhfs.state.wi.us/bqaconsumer/publications/ClientsRtsPubs.htm>

Affordable Assisted Living- Financing, operations, design & more:

www.Wiaffordableassistedliving.org

RESIDENTIAL CARE APARTMENT COMPLEXES

*(Listed alphabetically by community) *Accepts Pets*

An Assisted Living Facility is a place where 5 or more adults reside that consists of independent apartments, each of which has an individual lockable entrance and exit, a kitchen, including a stove, and individual bathroom, sleeping and living areas, and that provides, to a person who resides in the place, not more than 28 hours per week of services that are supportive, personal and nursing services.

CERTIFIED FACILITY: Will serve private pay individuals and/or those who need access to public funding (COP Waiver):

Brookfield Regency (262) 780-0321
777 N Brookfield Road, Brookfield 53045

Cambridge House of Hartland (414) 327-8170
300 E North Shore Dr, Hartland 53029

***The Arboretum**.....(262) 253-0909
W180 N7890 Town Hall Road, Menomonee Falls 53051

Linden Ridge(262) 363-6830
841 County Road NN E, Mukwonago 53149

Muskego Regency(262) 679-0888
W181 S8540 Lodge Boulevard, Muskego 53150

Applewood II(262) 784-2550
2898 S Moorland Road, New Berlin 53151

National Regency.....(262) 789-1699
13750 W National Avenue, New Berlin 53151

Shorehaven Tower.....(262) 567-1415
1305 W Wisconsin Avenue, Oconomowoc 53066

***Wilkinson Woods**(262) 567-1166
999 E Summit Avenue, Oconomowoc 53066

Kirkland Crossing.....(262) 695-5800
700 Quinlan Dr, Pewaukee 53072

***Wyndham House of Pewaukee**(262) 695-6413
1109 Cecelia Dr, Pewaukee 53072

***Oak Hill Terrace**(262) 548-1457
1805 Kensington Drive, Waukesha 53188

Linden Heights.....(262) 524-1180
427 N University Drive, Waukesha 53188

REGISTERED FACILITY: Will serve private pay individuals only
(Listed alphabetically by community)

Congregational Home(262) 781-0550
.....Fax (262) 781-0559
3150 Lilly Road, Brookfield 53005-7632

Avalon Square.....(262) 446-9300
222 Park Place, Waukesha 53186

Tamarack Place.....(262) 255-4441
N84 W17147 Menomonee Ave., Menomonee Falls 53051

GROUP HOMES (CBRFs) in Waukesha County

Group Homes or CBRFs (Community-Based Residential Facilities) are licensed by the State. CBRFs are for older people who are not able to live independently but do not require nursing home services. CBRFs may have single or double bedroom units or independent apartments with communal space for residents and are categorized as follows:

CLASS A ambulatory (AA) - serves only residents who are ambulatory, mentally and physically capable of responding to an electronic fire alarm and exiting the facility without any help or verbal or physical prompting.

CLASS A semi ambulatory (AS) - serves only residents who are ambulatory or semi ambulatory, mentally and physically capable of responding to an electronic fire alarm and exiting the facility without any help or verbal or physical prompting.

CLASS A non-ambulatory (ANA) - serves residents who are ambulatory, semi ambulatory or non-ambulatory but only if they are mentally and physically capable of responding to an electronic fire alarm and exiting the facility without any help or verbal or physical prompting.

CLASS C ambulatory (CA) - serves only residents who are ambulatory but one or more of whom are not mentally capable of responding to an electronic fire alarm and exiting the facility without any help or verbal or physical prompting.

CLASS C semi ambulatory (CS) - serves only residents who are ambulatory or semi ambulatory but one or more of whom are not physically or mentally capable of responding to an electronic fire alarm and exiting the facility without help or verbal or physical prompting.

CLASS C non-ambulatory (CNA) - serves only residents who are ambulatory, semi ambulatory or non-ambulatory but one or more of who are not physically or mentally capable of responding to an electronic fire alarm and exiting the facility without help or verbal or physical prompting.

CBRFs also have Target Groups to meet different needs. These groups are denoted as follows:

| | |
|--|--|
| AA Advanced Aged (60+ years) | PD Physically Disabled |
| ALZ Irreversible dementia / Alzheimers | PWC Pregnant women who need counseling |
| DD Developmentally disabled | CC Correctional clients |
| MH Emotionally disturbed / Mental illness | TI Terminally ill |
| ADA Alcohol/Drug Abuse | TBI Traumatic brain injury |
| | ADS Persons with acquired immunodeficiency syndrome (AIDS) |

(Listed alphabetically by community)

A Loving Home(262) 827-0666
..... Fax (262) 827-0580
21470 Lees Court, Brookfield 53045
Capacity: 8 Class: AS Target Group: AA, ALZ

Alterra Clare Bridge of Brookfield..... (262) 781-5220
..... Fax (262) 781-7304
15100 W Capitol Drive, Brookfield 53005
Capacity: 24 Class: CNA Target Group: AA, ALZ, PD

Benington Home(262) 786-6000
..... Fax (262) 786-2092
18950 Benington Drive, Brookfield 53045
Capacity: 8 Class: CS Target Group: AA, ALZ

Brookfield Gardens(262) 789-7499
..... Fax (262) 789-8089
660 Woelfel Road, Brookfield 53045
Capacity: 64 Class: CNA Target Group: AA, ALZ

Fairview Elm Grove Place(262) 786-5900
.....(262) 789-7848
260 S Elm Grove Road, Brookfield 53005
Capacity: 12 Class: CS Target Group: AA, ALZ

Fairview Home(262) 786-5900
.....(262) 781-1358
3920 N Calhoun Rd, Brookfield 53005
Capacity: 9 Class: AS Target Group: AA, ALZ

Fairview Meadows(262) 786-5900
.....(262) 827-1163
2310 East Hillsdale Drive, Brookfield 53005
Capacity: 8 Class: CS Target Group: AA, ALZ

Fairview Forest Grove(262) 786-5900
13800 Forest Grove Road, Brookfield 53005
Capacity: 8 Class: CS Target Group: AA, ALZ

Fairview Hawthorne Court(262) 786-5900
.....(262) 798-1594
470 Scarlet Hawthorne Court, Brookfield 53045
Capacity: 8 Class: CS Target Group: AA, ALZ

New Perspective Brookfield I(262) 827-9017
16720 W Greenfield Avenue, Brookfield 53005
Capacity: 15 Class: CNA Target Group: ALZ

New Perspective Brookfield II(262) 821-1180
16690 W Greenfield Avenue, Brookfield 53005
Capacity: 15 Class: CNA Target Group: AA, ALZ

Twin Oaks.....(262) 646-4146
N4 W31511 Twin Oaks Drive, Delafield 53018
Capacity: 8 Class: CNA Target Group: AA, ALZ, PD

Hanson House(262) 965-2162
 240 Wolf Rd, Dousman 53118
 Capacity: 14 Class: AA Target Group: DD

Riverside Lodge.....(262) 965-9500
 410 N. Main Street, Dousman 53118
 Capacity: 20 Class: CNA Target Group: AA, ALZ

Wisconsin Masonic Home(262) 965-2111
Fax (262) 965-9285
 36225 Sunset Drive, Dousman 53118
 Capacity: 20 Class: AS Target Group: AA

Fairview House(262) 786-5900
 1820 Westmoor Terrace, Elm Grove 53122
 Capacity: 8 Class: CNA Target Group: AA, ALZ

Gatehouse(262) 367-0644
 123 Lawn St, Hartland 53029
 Capacity: 16 Class: AA Target Group: DD

Victorian Villa of Hartland(262) 369-4391
 327 B North Ave, Hartland 53029
 Capacity: 20 Class: CAN Target Group: AA, ALZ

The Arboretum V LLC.....(262) 253-0909
 W180 N7890 Town Hall Road, Menomonee Falls 53051
 Capacity: 87 Class: CNA Target Group: AA

Hartfel House(262) 251-1265
 N88 W17630 Christman Rd, Menomonee Falls 53051
 Capacity: 8 Class: AA Target Group: DD

Heritage Court.....(262) 781-6930
 14250 W Hampton Ave, Menomonee Falls 53051
 Capacity: 36 Class: CNA Target Group: ALZ

Hil Hawthorne House.....(262) 703-0544
 N60 W15734 W Hawthorne Dr, Menomonee Falls 53051
 Capacity: 7 Class: CNA Target Group: DD,PD

Maple Road Group Home.....(262) 253-9827
 W187 N8581 Maple Rd, Menomonee Falls 53051
 Capacity: 8 Class: CS Target Group: DD, HD, PD

Ranch Community Services(262) 251-8670
 W187 N8661 Maple Rd, Menomonee Falls 53051
 Capacity: 5 Class: CNA Target Group: DD

Riverview Village LLC(262) 255-2557
(800) 821-8008
 W176 N9430 RiverCrest Drive, Menomonee Falls 53051
 Capacity: 48 Class: CAN Target Group: AA, ALZ

Birchrock Corners LLC(262) 363-9998
 210 Mc Divitt Lane, Mukwonago 53149
 Capacity: 20 Class: CNA Target Group: AA, ALZ

Linden Court(262) 363-6830
 845 County Rd NN E, Mukwonago 53149
 Capacity: 20 Class: CNA Target Group: AA, ALZ

Brotoloc Muskego(414) 525-0307
 S68 W12699 Bristlecone Ln, Muskego 53150
 Capacity: 6 Class: CNA Target Group: DD, MH, PD

Muskego RCF (Nursing Home).....(262) 679-0246
 S77 W18690 Janesville Road, Muskego 53150
 Capacity: 17 Class: CNA Target Group: AA, ALZ, PD, TI

Autumn Living North(262) 785-0180
 12850-60 W Euclid Drive, New Berlin 53151
 Capacity: 8 Class: CS Target Group: AA, DD

Applewood New Berlin.....(262) 784-2550
 2900 S Moorland Road, New Berlin 53151
 Capacity: 20 Class: CNA Target Group: AA

Brookside CBRF Inc(262) 821-1406
 2405 S Brookside Parkway, New Berlin 53151
 Capacity: 8 Class: CNA Target Group: AA, ALZ

Country Castle Home LLC(414) 491-3380
 21530 Lochleven Lane, New Berlin 53146
 A gerontologist will visit quarterly.
 Capacity: 8 Class: CNA Target Group: AA, ALZ, PD

Golden Oaks Home(262) 544-1189
 21600 W Cleveland Avenue, New Berlin 53146
 Capacity: 12 Class: AS Target Group: AA, ALZ

Heritage At Deer Creek(262) 789-6600
 3585 S 147th St, New Berlin 53151
 Capacity: 33 Class: CNA Target Group: ALZ

Hil Skyline House(414) 427-0600
 5265 S Skyline Dr, New Berlin 53151
 Capacity: 5 Class: CNA Target Group: DD, PD

Rainbow Terrace(262) 782-5777
 15831 W Santa Rosa Boulevard, New Berlin 53151
 Capacity: 8 Class: AS Target Group: AA, MH

Andrew Home(262) 569-6328
 909 Old Tower Rd, Oconomowoc 53066
 Capacity: 8 Class: AA Target Group: DD

Anthony Home(262) 569-5501
 1231 Blue Dahlia Rd, Oconomowoc 53066
 Capacity: 8 Class: AA Target Group: DD

Austin Hall(262) 569-5514
 36100 Genesee Lake Rd, Oconomowoc 53066
 Capacity: 6 Class: AA Target Group: DD

Casey House(262) 569-5532
 36100 Genesee Lake Rd, Oconomowoc 53066
 Capacity: 7 Class: AA Target Group: DD

Curtis Hall(262) 569-5536
 36100 Genesee Lake Rd, Oconomowoc 53066
 Capacity: 8 Class: AA Target Group: DD

Chateau LeBlanc(262) 369-6312
 N27 W30818 Golf Hills Road, Pewaukee 53072
 Capacity: 8 Class: CNA Target Group: AA, ALZ

Hil Crescent House(262) 695-1105
 W228 N4043 Crescent Dr, Pewaukee 53072
 Capacity: 5 Class: CS Target Group: DD

Hil Deer Haven(262) 569-5520
 N26 W26286 Pewaukee 53072
 Capacity: 8 Class: CNA Target Group: DD

Hil Lakeview(262) 691-4162
 504 W Wisconsin Ave, Pewaukee 53072
 Capacity: 8 Class: AA Target Group: MD

Hil Pewaukee House(262) 691-3942
 303 Oakton Ave, Pewaukee 53072
 Capacity: 8 Class: AA Target Group: MD

Kirkland Crossing(262) 695-5800
 700 Quinlan Dr, Pewaukee 53072
 Capacity: 20 Class: CNA Target Group: AA, ALZ

Lynnwood of Delafield(262) 367-9677
 W302 N1632 Maple Ave, Pewaukee 53072
 Capacity: 8 Class: CNA Target Group: AA

Wyndham House Memory Care(262) 695-6426
 1109 Cecelia Drive, Pewaukee 53072
 Capacity: 20 Class: CNA Target Group: AA, ALZ

Alterra Sterling House of Sussex(262) 820-0330
 W240 N6351 Maple Avenue, Sussex 53089
 Capacity: 20 Class: CNA Target Group: AA, ALZ

Avalon Square Inc(262) 547-6741
 222 Park Place, Waukesha 53186
 Capacity: 27 Class: CNA Target Group: AA, ALZ

CCLS Garfield Dr(262) 547-4299
 1306 Garfield Dr, Waukesha 53186
 Capacity: 8 Class: AA Target Group: DD

CCLS Victoria Dr(262) 549-9694
 1425 Victoria Dr, Waukesha 53186
 Capacity: 8 Class: AA Target Group: DD

CCLS Welsh Court(262) 547-6267
 2704 2706 Welsh Ct, Waukesha 53186
 Capacity: 8 Class: AA Target Group: DD

Century House(262) 544-6233
 1130 Northview Rd, Waukesha 53186
 Capacity: 12 Class: AA Target Group: ADA

Clarion Manor(262) 798-1825
 21325 Clarion Lane, Waukesha 53186
 Capacity: 8 Class: AS Target Group: AA, MH

Creative Community Living Services(262) 549-4348
 1606 Oakdale Dr, Waukesha 53186
 Capacity: 8 Class: AA Target Group: DD

Creative Community Living Services(262) 547-6267
 2704 2706 Welsh Ct Waukesha 53186
 Capacity: 8 Class: AA Target Group: DD

Genesis Halfway House(262) 544-0711
 1002 Motor Ave, Waukesha 53188
 Capacity: 10 Class: AA Target Group: ADA

Hil Canaan(262) 524-8467
 443 445 Freeman St, Waukesha 53188
 Capacity: 8 Class: CA Target Group: DD

Hil Jordan House(262) 524-3431
 2165 Laura Ln, Waukesha 53186
 Capacity: 8 Class: AA Target Group: MD

Hil Orchard Knoll(262) 544-9783
 1500 Northview Rd, Waukesha 53186
 Capacity: 5 Class: AA Target Group: DD

House of Hope(262) 542-2663
 325 Sentinel Dr, **Waukesha** 53189
 Capacity: 16 Class: AA Target Group: ADA

Linden Court(262) 524-6400
 2330 W Michigan Ave, Waukesha 53188
 Capacity: 24 Class: CNA Target Group: ALZ

Linden Heights(262) 524-1180
 427 N University Drive, Waukesha 53188
 Capacity: 68 Class: CNA Target Group: AA

Marion House(262) 547-0870
 401 S Prairie St, Waukesha 53186
 Capacity: 8 Class: AA Target Group: MH

Oak Hill Terrace(262) 548-1457
 1805 Kensington Drive, Waukesha 53188
 Capacity: 135 Class: CNA Target Group: AA, ALZ

Samson House(262) 542-8118
 611 N Grand Ave, Waukesha 53186
 Capacity: 8 Class: AA Target Group: MH

ADULT FAMILY HOMES For an additional list of Adult Family Homes call (262) 548-7212) (Many homes available for younger clients age 18-59.) If you are looking for a 1–2 bed, Adult Family Home certified by the county, call the County Family Coordinator at (262) 548-7212. If you are looking for a 3-4 bed, Adult Family Home, call the State of Wisconsin Division of Disability and Elder Service at (424) 227-2005.

Community Adult Homes(262) 367-4853
 1038 E Capitol Drive, Hartland 53029
 Capacity: 4 Target Group: DD, AA

Christian Family Care Homes(262) 547-9550
 1128 Green Valley Drive Waukesha 53186
 Capacity: 4 Target Group: AA, MH, PD

Christian Family Care Homes(262) 547-9550
 2031 Manhattan Drive, Waukesha 53188
 Capacity: 4 Target Group: AA, ALZ, MH, PD, TI, DD, TBI

Christian Family Care Homes(262) 547-9550
1505 Michigan Ave, Waukesha 53188
Capacity: 4 Target Group: AA, DD, MH, ALZ, PD, TI

Sunset View Adult Family Home(262) 968-3586
W280 S3461 Townline Road, Waukesha 53189
Capacity: 4 Target Group: AA, ALZ, PD

NURSING HOMES - (All nursing homes listed below accept Alzheimer's clients)

(Listed alphabetically by community)

Care-Age of Brookfield(262) 821-3939
1755 N Barker Road, Brookfield WI 53045

Congregational Home(262) 781-0550
.....Fax (262) 781-0559
3150 Lilly Road, Brookfield 53005-7632

Franciscan Woods Nursing Home(262) 785-1114
19525 W North Avenue, Brookfield 53045

Woodland Health Center(262) 782-0230
18740 W Bluemound Road, Brookfield 53045

Wisconsin Masonic Home(262) 965-9520
400 N Main Street, Dousman 53118

Linden Grove Health Care Center262) 253-2700
W180 N8071 Town Hall Road, Menomonee Falls 53051

Menomonee Falls Health Care Center(262) 255-1180
N84 W17049 Menomonee Ave, Menomonee Falls 53051

Linden Grove Health Care Center-Mukwonago ..(262) 363-6830
837 County Road NN East, Mukwonago 53149

Muskego Nursing Home(262) 679-0246
S77 W18690 Janesville Road, Muskego 53150

Tudor Oaks(414) 529-0200
S77 W12929 McShane Drive, Muskego 53150

Linden Grove Health Care Center(262) 796-3660
13755 W Fieldpointe Drive, New Berlin 53151

Shorehaven Health Center(262) 567-8341
1306 W Wisconsin Avenue Oconomowoc 53066

River Hills West Health Care Center(262) 691-2300
321 Riverside Drive, Pewaukee 53072

Heartland Health Care Center – Pewaukee(262) 523-0933
N26 W23977 Watertown Road, Waukesha 53188

Linden Grove Health Care Center(262) 524-6400
425 N University Avenue, Waukesha 53188

The Virginia Health & Rehab Center(262) 547-2123
1451 Cleveland Avenue, Waukesha 53186

Waukesha Springs Health & Rehabilitation(262) 548-1400
1810 Kensington Drive, Waukesha 53188

CALL MILWAUKEE INTERFAITH, (414) 291-7500, FOR NURSING HOME COSTS, OPENINGS, AND INFORMATION FOR SEVERAL COUNTIES.

MOVING ASSISTANCE

Assistance with moving small amounts of items

Smart Moves(262) 526-5242

HOME MAINTENANCE

La Casa de Esperanza(262) 970-0539
410 Arcadian Avenue, Waukesha 53186
Service: Weatherization Program. Insulating and ventilating attics, weather-stripping, replace windows and doors, and replacing broken glass. **Eligibility:** Low-income homeowners.

Community Housing Initiative(262) 650-3624
1717 Paramount Drive, Waukesha 53186
Service: Home repairs, home maintenance, ramps, home loans and grants.
Eligibility: Call for eligibility guidelines.

Ram/60 Project.....(262) 524-3747

Service: Financial aid for emergency repairs and basic home improvements.

Eligibility: Income-eligible City of Waukesha homeowners 60 years and above.

Interfaith Caregiving Network Inc(262) 549-3348

Service: Window washing, snow removal, leaf raking, grocery shopping, storms and screens, lawn mowing, errands, minor home repairs and friendly visiting.

Cost: No charge, donations encouraged.

WHEDA(800) 334-6873

(Wisconsin Housing Economic Development Authority)

Waukesha City Hall (Home Rehabilitation).....(262) 524-3747

Planning Department(262) 524-3750

RENT ASSISTANCE/COUNSELING/MEDIATION

Hebron House(262) 549-8720

134 W North Street Waukesha 53188

Service: Case management, housing loans and assistance to find an apartment.

Housing Authority of Waukesha, Inc.

120 Corrina Boulevard Waukesha WI 53186

City of Waukesha Programs(262) 542-2262

County of Waukesha Programs.....(262) 549-3284

Service: Administers federally funded housing programs for low-income and/or disabled older people; also provides rental assistance and public housing.

Landlord/Tenant Automated Law Helpline(414) 272-6952

Independence First Access - Disabled .. (414) 291-7520 #260

INSURANCE

Insurance Complaint Hotline(800) 236-8517

Medigap Hotline(800) 242-1060

Service: Provides information and counseling to Wisconsin residents on health insurance in addition to Medicare (i.e. Medicare supplemental insurance, hospital indemnity, cancer, long-term and nursing home insurance). Also, information on health insurance risk-sharing plan, group insurance continuation conversion rights, and health maintenance organization plans for Medicare beneficiaries.

Medicare Plus Choice..... (262) 821-4444 or (877) 333-0202

Incorrect Medicare Claim by Dr's Office.....(877) 567-7176
Medicare Part B Carrier Automated system

Office of the Commissioner of Insurance(800) 236-8517

P O Box 7837 Madison WI 53707.....(608) 266-0110

Service: Insurance consumer publications available. To make a complaint about your auto, life or private health insurance.

Waukesha Chamber of Commerce(262) 542-4249

223 Wisconsin Avenue Waukesha WI 53186

Service: Answers questions about health insurance.

Cost: No charge.

Intake: Call with questions or to make appointment.

Partnercare (262) 548-7828

Service: Card will help you determine if your physician may accept Medicare assignment.

LAW ENFORCEMENT AGENCIES

ALL EMERGENCIES SHOULD CALL 911

- member of new dispatch center(262) 446-5070
- * has a social worker on staff
- Village of **Big Bend** Police Department.....(262) 662-3782
- City of **Brookfield** Police Department *(262) 782-6200
- Town of **Brookfield** Police Department.....(262) 796-3798
- Village of **Butler** Police Department.....(262) 250-5099
- Village of **Chenequa** Police Department(262) 367-2145
- City of **Delafield** Police Department(262) 646-6240
- Village of **Dousman** Police Department.....(262) 965-4262
- Village of **Eagle** Police Department.....(262) 363-7805
- Village of **Elm Grove** Police Department(262) 786-4141
- Village of **Hartland** Police Department.....(262) 367-2323
- Village of **Lac LaBelle** Police Department(262) 567-4401
- Village of **Lannon** Police Department(262) 251-4930
- Village of **Menomonee Falls** Police Dept *(262) 532-8700
- Village of **Mukwonago** Police Department.....(262) 363-6434
- Town of **Mukwonago** Police Department.....(262) 363-5188
- City of **Muskego** Police Department(262) 679-4130
- City of **New Berlin** Police Department *(262) 782-6640
- City & Town of **Oconomowoc** Police Department..(262) 567-4401
- Village of **Oconomowoc Lake** Police Dept.....(262) 567-4401
- City of **Pewaukee** Police Department.....(262) 691-0921
- Village of **Pewaukee** Police Department(262) 691-5678
- Town of **Summit** Police Department.....(262) 567-1134
- City of **Waukesha** Police Department *(262) 524-3831
- Waukesha County Sheriff's Department**(262) 548-7117

Call Sheriff's Department for ALL towns & villages listed below
(262) 548-7117

- Town of **DeLafield**
- Town of **Genesee**
- Town of **Lisbon**
- Town of **Ottawa**
- Town of **Vernon**
- Town of **Waukesha**
- Village of **Dousman**
- Village of **Merton**
- Village of **Nashotah**
- Village of **North Prairie**
- Village of **Sussex**
- Village of **Wales**

LEGAL ASSISTANCE

Legal issues to consider when a person is (or may become) incapacitated:

- The management of the persons' financial affairs during his or her lifetime;
- The management of the person's personal care, for example, medical decisions, residence, placement in a nursing facility, etc.
- Arranging for payment of long-term care-use of private insurance, Medicare, Medicaid and Supplemental Security Income (SSI)
- Preserving the family assets-ensuring that the patient's spouse and family are adequately protected; and
- The distribution of the person's assets on his/her death.

Q: When should an attorney be consulted?

Consult an attorney as early as possible. The maximum number of planning options will be available while the patient still has the legal capacity to make his or her own decisions. The question of capacity is a gray area, and it has to be determined on a case-by-case basis.

ADA Publications Helpline.....(800) 669-3362

Provides information on issues concerning the Americans with Disability Act.

Waukesha County District Attorney.....(262) 548-7071

515 W Moreland Boulevard, Waukesha 53188

Service: Victim/Witness Program - Offers assistance and comfort to crime victims through various services: support groups for families of homicide victims; escort and support in court; continuous update on progress of cases through justice system; information on crime victim compensation and restitution.

Immigration and Naturalization(800) 375-5283
<http://www.ins.usdoj.gov>

Landlord/Tenant Concerns(414) 272-6952

Retired & Senior Volunteer Program(262) 544-9559
 310 South Street, Waukesha 53186
Service: Guardianship

Mediation Center of Waukesha County(262) 544-1647
 414 W Moreland Blvd Rm 204, Waukesha 53188
Service: A volunteer professional mediator to help resolve disputes between neighbors, friends, family members, landlords and tenants, merchants and consumers, employers and employees. Spanish-speaking mediators available.
Cost: No charge for first session.

Waukesha County Dept of Senior Services(262) 548-7828
 1320 Pewaukee Road Room 130, Waukesha 53188
Service: Benefit Counseling assists in Medicare and medical bills, Social Security, Supplemental Security Income (SSI), Supplemental Medical Insurance, Housing - tenant/landlord problems, and eligibility rules in application for Title19 benefits, Spousal impoverishment laws, Reverse Mortgage counseling, Guardianship, Advance directives (living will, power of attorney health care) and Power of Attorney information, and other legal/benefit problems
Cost: No charge; however, donations are requested.
Eligibility: County residents 60 years and older.

Waukesha County Health & Human Services(262) 548-7212
 500 Riverview Avenue Waukesha 53188
Service: Guardianship - Provides assistance with filing a petition with the court to appoint a guardian for a person who is substantially unable to care for him/herself.
Service: Protective Placement - Offers assistance in securing protective placement of persons deemed legally incompetent and who are at risk of serious harm to themselves or others. Placement may occur in their homes or in alternative settings.
Intake: Call for more details.
Eligibility: Low-income individuals/families.

AARP-American Assoc of Retired Persons(800) 424-3410

Alliance for Aging Research.....(202) 293-2856
 Report available on Aging Health Research

Legal Advocacy Project (Women's Center)(262) 896-8243
 726 N East Avenue Waukesha 53186
Service: Provides service in obtaining restraining & harassment orders, provides advocacy with regard to domestic & sexual abuse.

American Association for Geriatric Psychiatry . (301) 654-7850
 7910 Woodmont Ave Bethesda MD 20814-3004

Lawyer Hotline (Wisconsin State Bar Association)
(Referral & Information).....(800) 362-9082

Legal Action of Wisconsin.....(414) 278-7722
 230 W Wells Street Room 800 Milwaukee 53203
Service: Legal advocacy services for Milwaukee County residents 60 years and older.

National Academy of Elder Law Attorneys Inc520-881-4005

Cooperating Congregations of Greater Waukesha
(262) 549-8729
 401 W. Main Street Waukesha 53186

American Bar Association Commission Law & Aging
(202) 662-8690

Self Help Court.....(262) 548-7524
 515 W Moreland Blvd #C108 Waukesha 53188
Service: This program offers family court information and public resources, with a special focus on people representing themselves.

LEISURE ACTIVITIES, PARKS & RECREATION

Call your local YMCA and ask about their programs and facilities for older people, for example, arthritis and exercise programs, or heated pools.

Travel Tips

- Identification for your luggage-card with name, address and phone number on the inside of every piece of luggage
- Make photocopies of all important documents and keep them in different places and give one to a friend
- Keep a list of important phone numbers for all of your credit and bankcards to cancel if necessary.
- Remove all old tags from your luggage to avoid mix-ups.
- Plan your escape when you get to your room-check fire escape routes.
- Keep kids and pets safe—DO NOT LEAVE IN A PARKED CAR
- Make arrangements with the post office to hold your mail.
- Park under lights when in unfamiliar places.
- DO NOT let your guard down. Never open your motel room door for anyone without calling the front desk first and checking.

America Outdoors US Forest Service.....(414) 297-3693

626 E. Wisconsin Ave, #100, Milwaukee 53202

Service: "Golden Age Passport" annual entrance permits to Federal parks, monuments and recreational areas.

Cost: Fee for lifetime pass: \$10 - 62 or older, must show ID.

Aurora Women's Pavilion(414) 329-5625

..... Fax (414) 329-5639

8901 West Lincoln Av West Allis 53227

Service: Educational, and exercise classes. Call (414) 328-7524 for more information.

Carroll College(262) 524-7373

100 N East Avenue Waukesha 53186

Service: Adult Swimming, PT Assessments, theatre, music concerts, convocations, audit classes, library, F.A.C.T. sessions (Family and Caregiving Training)

Donna Lexa Community Art Centers, Inc.....(262) 521-2292

..... Classroom (262) 521-1404

494 W Main St Waukesha 53186

Service: Classes in the visual arts for seniors and adults with physical and cognitive disabilities (all medias available), outreach programs, and a gallery shop.

Cost: \$14 per class \$24 enrollment fee

Intake: Call to register - morning, afternoon, evening sessions.

Elderhostel.....(877) 426-8056

11th Avenue De LaFayette Boston MA 02111-1746

Service: Information and catalogs on Elderhostel educational programs. Scholarships available for tuition.

Cost: No charge.

Intake: Write to receive information and catalogs. Catalogs can also be inspected at the Waukesha Public Library.

www.elderhostel.org

Elmbrook Senior Program(262) 796-5728

..... Fax (262) 796-5752

(Located in Elmbrook Church)

777 S Barker Road, Brookfield 53045

Anyone welcome.

Service: Senior Seminars: Classes for seniors. Biblical studies.

Cost: No charge for classes.

Intake: Call to register. Classes held Fridays (other than first) from 10-12 noon.

Service: First Friday Fellowship: Varied programs for senior adults followed by a fellowship lunch. **Cost:** \$5

Intake: Call for reservation.

Service: Fitness Program: Monday, Wednesday & Friday from 9 - 10 am. Walking, range of motion and low impact exercise. Come, walk and meet new friends. **Cost:** No charge.

Service: Faith in Action: Friendship Program visit lonely older adults.

Friendships Unlimited(262) 549-6123

336 Wisconsin Avenue, Waukesha 53186

Service: Social & recreational center for adults who have a diagnosed chronic mental illness.

Hmong/American Friendship Assoc(414) 344-6575
3824 W Vliet Street, Milwaukee 53208
Service: Sewing classes for elderly women
PAJ NTAUB Circle (1 – 4 pm Tues & Thurs)

La Casa De Esperanza(262) 547-0887
410 Arcadian Ave, Waukesha 53186
Service: Computer classes, English as a second language,
weatherization program & medical Spanish classes (WCTC
classes on-site)
Service: Service Coordinator Hispanic outreach
La Casa Clinic Barstow Ave Waukesha.....(262) 928-4402

Lao Family Community, Inc.(414) 385-3380
Services: Support, translation services, problem solving

Spring City Corner Club House(262) 549-6460
Service: Social vocational prog. for adults with mental illness.

Waukesha County Historical Society & Museum
.....(262) 521-2859
.....Fax (262) 521-2865
101 W Main St Waukesha 53186
(10 am – 4:30 pm Tues Thru Sat)
www.waukehsacountymuseum.org

Waukesha County Genealogical Society.....(262) 524-8683
Post Office Box 1541 Waukesha WI 53187
Services: Genealogy classes meet 4th Wednesday, January
thru July and September and October. Call for details.

Waukesha School District Lindholm Bldg(262) 970-1003
222 Maple Ave, Waukesha 53186
Service: Obtain a Lifetime Pass, which permits entry to most
art, music, athletic, drama activities in City of Waukesha
School District. Must be 62 years of age and live in the
district.
Fee: No fee – come in person with ID & proof of age.

University of Wisconsin-Waukesha(262) 521-5445
1500 N University Dr, Waukesha 53188
Service: Lectures, concerts, drama productions, library, art
gallery. Seniors can audit credit classes for free. Many
opportunities are free. Foreign films.
Cost: Seniors discount available.
Intake: Call to be included on the mailing list.

Waukesha County Parks(262) 548-7801
1320 Pewaukee Road, Waukesha 53188
Service: Discount on annual park entrance sticker for older
people.
Cost: Fee charged – \$11 to the parks, 2nd vehicle ½ price
Eligibility: Waukesha County residents, 60 and older.
Intake: Purchase at park office or individual park entrances.
Services: Recreation trails, winter activities

Waukesha County Federated Library System.....(262) 896-8080
.....TDD (262) 896-8089
831 N Grand Ave Suite 220, Waukesha 53186
Special needs librarian/outreach.....(262) 896-8245
Service: Volunteers deliver library materials (large print books,
audiobooks, cassettes, CD, etc.) to the homebound and
disabled who are unable to go to the library. Computer
classes, assistive listening and print enlarging devices. 1st
Writes Kits, where seniors can learn to tell their story. Also a
large selection of reminiscence materials.

**Wisconsin Regional Library For the Blind and Physically
Handicapped**(414) 286-3045
.....(800) 242-8822
.....TDD (414) 286-3548
.....Fax (414) 286-3102
813 W Wells St, Milwaukee 53233 (9 am – 5pm M-F)

Waukesha Family YMCA
320 E Broadway, Waukesha 53186.....(262) 542-2557
.....Fax (262) 542-1178
Service: Various Exercise Programs for seniors 65 and over.
Membership required at \$47 per month.

YMCA of Pabst Farms(262) 567-7251
 Fax (262) 244-0088
 1750 Valley Road, Oconomowoc 53066
Service: Joint Movement, Chair Fitness, Ageless Strength
 Training Senior Aquacise and walking, Senior Swim M-Sat,
 Sr. Club – Social Group Day Trips.

YMCA (Tri-County).....(262) 255-9622
 N84 W17501 Menomonee Ave, Menomonee Falls 53051
Service: Stretch Flex and Balance, Strength Training for
 Seniors, Senior Combo, Senior Water Exercise, Joint Effort,
 Chicago Bus Trip & Fireside Christmas, Y-swimming seniors.
 Call for pricing.

Senior Centers

Multi-purpose and drop-in Senior Centers provide recreational,
 social, and educational activities for older people. Many
 Centers also serve as site locations for a senior lunch
 program.

Brookfield Senior Community Center.....(262) 796-6675
 FAX (262) 796-6671
 2000 N Calhoun Road, Brookfield 53005
 Mon - Fri 9:00 am – 3:00 pm

Kettle Moraine Senior Center (262) 968-6300 Ext. 326
 Hwy 18, Wales 53183

Menomonee Falls Community/Senior Center(262) 255-8469
 Fax (262) 255-8475
 W152 N8645 Margaret Road, Menomonee Falls 53051
 Mon – Fri 8:00 am-4:00 pm

Muskego Park & Recreation Department.....(262) 679-4108
 Special programs for older adults

New Berlin Senior Center.....(262) 784-1396
 2600 S Sunnyslope Road, New Berlin 53151
 Mon – 8:30 am – 4:00pm & Wed 8:30 am – 1:00 pm

Oconomowoc Area Senior Center(262) 567-4288
 FAX (262) 567-0273
 1306 W Wisconsin Avenue, Oconomowoc 53066
 Mon – Fri 8:00 am –4:30 pm
 (Commons building-Shorehaven Health Center)

Waukesha Park & Recreation Schuetze Recreation Center
(262) 524-3737
 1120 Baxter Street, Waukesha 53186
 (For information on City of Waukesha Senior programs)

Sussex Community Center(262) 246-6447
 Fax (262) 246-5222
 W240 N5765 Maple Avenue, Sussex 53089
 Mon - Fri 8:00 am – 5:00 pm

PETS/WILDLIFE

Humane Animal Welfare Soc of Wauk Co.(262) 542-8851
 Fax (262) 542-8853

Service: Pet adoption, pet care, grief support group, lost and
 found pets, training classes, educational tours and programs,
 and rescue of injured animals or feral cats.

(PALS) Pets Are Life Savers-assistance for seniors that allow
 them to care and keep their pets.

**The Kern Foundation-Contact your veterinarian for more
 information.**

Service: Financial aid for your pet's medical bills.

Eligibility: Income-eligible county residents willing to pay 50% of
 the bills and receive veterinary care from participating doctors.

Intake: Obtain a brochure from Dept. of Senior Services.
 Complete an application form available from any participating
 veterinarian. For emergencies, ask your veterinarian for
 assistance in determining eligibility.

Animal Care Pro's.....(262) 896-0863
 102 S Grandview Blvd, Waukesha 53185
Service: Animal sitting (small & large), walk dogs, play with them
 while at work for many hours. Fully Bonded & Insured. Fish, cats,
 dogs, horses, cattle, pigs, and birds. Service while you are home
 or away.

**Call Department of Senior Services
for information on pet probate(262) 548-7848**

Wildlife In Need Center, Inc(262) 968-5075
W340 S2383 Hwy C, Oconomowoc 53066
Service: Cares for and treats injured wildlife. Call for wild life
advice and educational programs.

SERVICES FOR PEOPLE WITH DISABILITIES

ACAP (Adaptive Community Approach Program)
.....(262) 521-1120
121 W Wisconsin Ave, Waukesha 53186
Service: To enable people with disabilities to participate within
their communities.

Division of Vocational(262) 548-5850
141 N W Barstow St, Waukesha 53188
Service: Assist people with disabilities find and keep
employment.

Paragon Industries(262) 782-3360
3030 Calhoun Rd, New Berlin 53151 www.paragon.com
Service: Has exclusive group for individuals with brain injuries.
Community Outings, Specialty Workshops, Therapies, Paid Work
Opportunities, Daily Living Skills Coaching

The Threshold(262) 338-1188
600 Rolfs Road, West Bend 53090
Services: Day program has 4 teams, dependent upon physical
needs, assistance needs, behavior needs. One team for
persons with brain injuries. Community outings, after hours
recreation.

Waukesha County Department of Senior Services
.....(262) 548-7828
1320 Pewaukee Road Room 130, Waukesha 53188
Service: Home modification information and advice on home
safety.
Cost: No charge.

Waukesha County Department of Health & Human Services
.....(262) 548-7212
500 Riverview Avenue, Waukesha 53188
Service: Assessment and case management.
Cost T-19 billed for assessment and plan, otherwise no
charge.

Independence First.....(414) 291-7525
.....Fax (414) 291-7520
600 W Virginia St, 4th Fl, Milwaukee 53204
Service: Eligible homeowners that have person with disability
in the home may be eligible for loan/grant.
Cost: Costs vary; call for details.

SPECIALIZED TRANSPORTATION

Programs subsidized through the Department of Senior Services:

RideLine (service – up to entry door)
Certifications/Applications(262) 548-7828
.....Fax (262) 896-8273

RideLine Reservations(262) 650-1000
.....Fax (262) 650-1029
Service: Lift-equipped vans provide specialized transportation
for disabled and older persons. Trips based on priorities: 1)
medical, 2) nutrition, 3) work-related, 4) social and respite.
Days/Hours: 6:00am - 6:00pm Monday thru Friday / no Saturday
or Sunday transport.
Cost: Fare determined by origin, destination and ability to pay.
Eligibility: Non-driving Waukesha County residents age 65
years and older and individuals under age 65 years who use
cane, walker, crutches, wheelchair or scooter, or are legally
blind.
Reservations: At least 1 to 2 days advance notice required.

Shared-Fare Taxi Program (service – up to entry door)
Service: Subsidized fares for taxi service in the communities of:
Oconomowoc, New Berlin, Waukesha, Elm Grove, Brookfield,
Butler, Hartland, Nashotah, Delafield & Merton.

Eligibility: Waukesha County residents, non-limited drivers, age 65 or older OR Waukesha County residents, non-drivers, ages 18-64 who receive SSI or SSDI.
Cost: Rider pays the first \$3.50 and any amount over \$9
Certification(262) 548-7848
..... Fax (262) 896-8273

Shared-Fare Taxi Program cardholders' are eligible for subsidized fares with the following taxi providers:

Ann Marie Ryan's Transportation Service

.....(262) 424-8294
Service Areas: City and Town of Waukesha, Brookfield, Delafield, Oconomowoc, Pewaukee. Limited availability to other Waukesha County areas and outside Waukesha County.
Days/Hours: Hours vary. Reservations recommended.
Costs: Call Taxi Company for cost.

Best Cab of Waukesha(262) 549-6622
..... Fax (262) 549-1066
Service Areas: Within the City and Town of Waukesha area.
Days/Hours: 24 hours a day/7 days a week.
Cost: Fares are determined by zones.

Elmbrook Senior Taxi Inc.(262) 785-1200
Service Areas: City and Town of Brookfield, Butler, Elm Grove Mayfair Mall & 201 North Mayfair Rd. (St Josephs Out patient Center).
Days/Hours: Monday - Friday 9am – 4:30pm;
Saturday 9am – 12:30pm.
Cost: Call taxi company for cost.

Lake Country Cares Cab Inc.(262) 695-2670
..... Fax (262) 691-1976
Service Areas: Hartland, Nashotah, Delafield & Merton area.
Days/Hours: Monday – Friday 8:30am-5:00pm
Cost: Call taxi company for cost.

New Berlin Senior Taxi(262) 814-1611
Service Areas: City of New Berlin to Brookfield Square, to Mayfair area, West Allis Medical centers.
Days/Hours: Monday - Friday 9am - 4:30pm
Cost: Call taxi Company for cost.

Oconomowoc Silver Streak Inc(262) 567-6404
Service Areas: City and parts of the Town of Oconomowoc and parts of the Town of Summit.
Days/Hours: Monday - Friday 8:30am - 5pm;
Cost: Call taxi Company for cost.

Senior Shuttles (call for additional information)

Menomonee Falls Senior Shuttle Reservations

.....(262) 251-4230
..... Fax (262) 251-4291
N87 W17391 Main Street, Menomonee Falls 53051
Service: Bus transportation within Village of Menomonee Falls
Days/Hours: Tuesday, Wednesday: 9 am – 2 pm & 4 pm to 5 pm, Friday: 9 am – 2 pm; 1st Thurs to Brookfield Square 9 am – 2 pm and Sundays 8:00 am - 1:00 pm.
Cost: \$2.00 round trip. Call for one-way trip cost.
Eligibility: Ambulatory, Village of Menomonee Falls residents 60 years of age and older.
Reservations : 24 hours notice required.

Sussex Senior Shuttle(262) 246-6447
..... Fax (262) 246-5222
W240 N5765 Maple Ave, Sussex 53089
Service: Semi-fixed route. Bus transportation within the Town of Lisbon & Village of Sussex with designated bus stops, some exceptions.
Days/Hours: Monday & Thursday 9am - 1pm 3rd Tuesday to a shopping mall - 9am - 2pm, 1st & 3rd Monday to Wal-Mart.
Cost: \$2.50 round trip
Eligibility: Ambulatory residents of Village of Sussex & Town of Lisbon who are 60 and older.
Reservations: No reservations needed.
Email: commcenter1@wi.rr.com

Other Specialized Transportation Services:

Elmbrook Memorial Hospital

Reservations for courtesy car or van (262) 785-2400

..... **Fax (262) 785-2415**

19333 W North Avenue, Brookfield 53045

Service: For Elmbrook Hospital discharges or outpatient treatment at Elmbrook Memorial Hospital and some offices within the medical office building.

Days/Hours: Mon-Fri 8 am-4:00 pm

Eligibility: Courtesy car reservations MUST be made by individual physician's offices or outpatient departments. Individual may call for wheelchair van service. Individual needs to provide own wheelchair. Courtesy car does not go to medical office building. Van goes to both.

Interfaith Caregiving Network Inc (262) 549-3348

..... **Fax (262) 549-0436**

210 NW Barstow #101, Waukesha 53188

Service: For ambulatory persons in need due to aging or disability – depends upon availability of volunteers. (No wheelchairs)

Airport Connections to General Mitchell Airport

and other airports (414) 769-2444

..... (800) 236-5450

Cost: Call for rate.

Reservations: 24-hour notice recommended.

Coach lines group (262) 542-8861

..... (800) 236-2028

Service: Waukesha to/from Midway; Waukesha to/from Milwaukee; Waukesha to/from Chicago O'Hare, 7 days/week.

Costs: Call for rates

Waukesha Metro Transit (262) 524-3636

..... **Fax (262) 524-3646**

2311 Badger Drive, Waukesha 53188

Service: Fixed route system for persons able to use mass transit buses. Serves City & Town of Waukesha, City & Town of Brookfield & Pewaukee. Most buses are equipped with lifts for wheelchairs. **Days/Hours:** Monday - Friday 5:30am - 9:30pm; Saturday 8:00am - 10:00pm; Sunday 9:00am-7:00pm

Waukesha Metro Lift

Certification: for persons with disabilities (262) 524-3636

Reservations: At least one day in advance (262) 524-3635

..... **Fax (262) 524-3646**

2311 Badger Drive, Waukesha 53188

Service: Curb to curb service for the City & Town of Waukesha; City & Town of Brookfield; and Pewaukee

Days/Hours: Monday through Friday 5:30am - 9:30pm; Saturday 8am - 10pm; Sunday 9:00am-7:00pm

Cost: Call for trip cost.

Waukesha Metro Transit/ADA Paratransit-

Certification/Applications (262) 524-3636

Reservations (next day service) (414) 479-9401

..... **Fax (262) 574-1839**

Service: Lift-equipped specialized transportation within a narrow corridor (approximately ¾ mile either side of I-94 from the city of Waukesha to Lake Michigan).

Days/Hours: Daily/ Mon – Fri. 5:15 am to 10:30 pm.

Eligibility: Persons with disability who are eligible according to the ADA (for those unable to utilize mass transit).

Waukesha County Volunteer Trans Service (262) 548-7284

..... **Fax (262) 548-7656**

500 Riverview Drive, Waukesha 53188

Service: For clients of Waukesha Cty Health & Human Svcs.

ProHealth Care Transportation Services.....(262) 928-7618
(Waukesha and Oconomowoc Memorial Hospital/Clinics)
.....Fax (262) 542-3587
725 American Avenue, Waukesha 53188
Service: Last resort service for clients using Pro Health Care medical & health care programs at Waukesha Memorial Hospital, Oconomowoc Memorial Hospital, all Waukesha and Oconomowoc Medical Centers & Oconomowoc Adult Day Care.
Days/Hours: Monday - Friday 6:00 a.m. - 6:00 p.m.
Eligibility: Requests Screened. Only accessible through department or facility staff. **Cost:** Call for information.
Reservations: 2 working days in advance.
Ask about a prepaid transportation voucher for medical purposes to other locations outside of ProHealth Care facilities.

Providers of Specialized Transportation for Title 19 and Private Pay: Curative Care Network.....(414) 479-9414
.....Fax (262) 574-1839

Home Instead Senior Care (Waukesha)(262) 436-4663
.....Fax (262) 436-5626
2422 N. Grandview Blvd., #204, Waukesha 53188

Lifestyles-Medical & Leisure Transportation(262) 542-5543
Wheelchair accessible transportation. Available weekends and holidays. Service area: Southeastern Wisconsin

Meda-Care Vans of Waukesha, Inc.(262) 650-1000
.....Fax (262) 650-1029

Procare Plus.....(262) 567-2200
.....(888) 540-2273
.....Fax (262) 567-8024
W215 Valley Rd, Oconomowoc 53066

For additional Specialized Transportation providers:
Look in the Yellow Pages under Transportation - Service for Disabled, or Transportation - Ambulance Service.

Rental Vehicles:

Wheelchair Getaways of Wisconsin, LLC(866) 748-3004
Wheelchair accessible vehicles rented on a daily, weekly and monthly basis.

VOLUNTEER OPPORTUNITIES

Elmbrook Church.....(262) 796-5724
777 S Barker Road, Brookfield 53045
Service: Opportunities to be a part of a small group that fosters friendship and training for volunteer outreach.
Cost: Free
Intake: Call (262) 367-5540 and ask for information on Faith in Action.

Interfaith Caregiving Network Inc(262) 549-3348
.....Fax (262) 549-0436
210 NW Barstow #109, Waukesha 53186
Service: Volunteers provide friendly visiting, telephone reassurance, chore services, transportation, etc.

Retired & Senior Volunteer Program(262) 544-9559
.....Fax (262) 544-5307
310 South Street, Waukesha 53186
Service: Part-time volunteers work in local, non-profit and public health service, recreational and educational agencies.
Call for more volunteer information.

Elder Peer Volunteer Support Program(262) 544-9559
.....Fax (262) 544-5307
310 South Street, Waukesha 53186
Service: Volunteers give support to a vulnerable older person.

Volunteer Center of Waukesha County, Inc.(262) 544-0150
2220 Silvernail Road, Pewaukee 53072
Service: Volunteers work in non-profit service agencies in Waukesha County. **Intake:** Call or walk in to make an appointment for registration and referral.

Waukesha County Dept of Senior Services(262) 548-7848
.....Fax (262) 896-8273
1320 Pewaukee Rd Room 130 Waukesha WI 53188
Service: Volunteers - set-up, serve, pack meals, register, etc., at senior lunch center sites in the county; deliver meals to the homebound or bring people to lunch center to eat; assist individuals sort through bills, Medicare, legal issues, social security, etc.; visit older adults to serve as a companion; help

with record keeping, newsletter, public speaking, typing, filing, etc.; interview older adults who may need services; greet visitors and direct them to office or departments.
Intake: Call the Volunteer Program Specialist for more information (262) 548-7829.

Waukesha County Parks & Land Use Department

.....(262) 548-7801
 1320 Pewaukee Road Waukesha WI 53188
Service: Volunteer work at county parks and Retzer Nature Center.

INFORMATION LINES

The following are phone numbers that you can call for special information, to request help, or to report suspected cases of illegal activity (in some cases).

American Assoc for **Geriatric Psychiatry and Geriatric Mental Health Foundation**(301) 654-7850
 American Association of Retired Persons and Elderly Legal Assistance Program.....(888) 687-2277
 American Bar Association Commission on Law and Aging.
(202) 662-8690
 American **Cancer** Society.....(800) 227-2345
 American Council of the **Blind** in Washington DC
(800) 424-8666
 American **Diabetes** Association(800) 342-2383
 American **Dietetic** Association (Dietitians) Nutrition Information Line(800) 366-1655
 American **Health** Assistance Foundation(800) 437-2423
 American **Heart** Association(800) 242-8721
 American **Parkinson's Disease** Association(800) 223-2732
 American **Speech/Language/Hearing** Assoc.....(800) 638-8255
 American **Tinnitus** Association(800) 634-8978

ALS Association (SE WI Chapter)(414) 7
Arthritis Foundation of Wisconsin(800) 242-9945
 Association for the Rights of Citizens with **Handicaps** (ARCH)
(262) 542-9811
 A T & T Language Line Service (interpreter)(800) 752-6096
 Vehicle Safety Hotline (DOT).....(800) 424-9393
 Bader Association of the
Blind and Visually Impaired(414) 258-9200
 Better **Hearing** Institute(800) 327-9355
Brain Injury Association of Wisconsin(800) 882-9282
 Bureau for the **Blind**(888) 879-0017
 Center for the **Deaf & Hard of Hearing**(262) 790-1040
 Center for the Study of Drug Therapy & Aging(410) 706-2434
 Children of Aging Parents.....(800) 227-7294
 Consumer Product Safety Commission Hotline.....(800) 638-2772
 Council of Better Business Bureaus(703) 276-0100
 Credit Card Fraud/No Call List (Bur of Protection) ..(800) 422-7128
 Disabled American Veterans(202) 554-3501
Disabled Education Programs Information.....(800) 424-8567
 Domestic Violence Hotline..... (800) 799-SAFE... (800) 799-7233
 Eldercare Locator Line..... (800) 677-1116
 (To locate services for elderly in other US cities call
 between 9am-7pm ET)
 Elderhostel Registration Services.....(877) 426-8056
 Environmental Protection Agency (publications)(800) 490-9198
 Equal Employment Opportunity Commission(800) 669-3362
 Equal Rights Division (Advocacy).....(414) 227-4384
 Federal Information Center.....(800) 688-9889
 (For information from or about more than 125 federal
 government agencies and departments)

First Call for Help (211).....(262) 547-3388

Fraud (Inspector General of US)(800) 447-8477

Grandparents United(904) 223-0559

HIV-AIDS Information Services(800) 448-0440

Housing Discrimination Hotline.....(800) 669-9777

Huntington's Disease Society of America(800) 345-4372

Immigration and Naturalization (US-CIS)(800) 375-5283

Indian Health Service.....(301) 443-3593

Info source (University of WI Extension).....(414) 290-2450
(Answers questions on home, family etc, 24 hours a day)

Insurance Complaint Hotline.....(800) 236-8517

International Essential **Tremor** Foundation(913) 341-3880

Lawyer Hotline of WI (Referral & Information)(800) 362-9082

Legal Action of Wisconsin.....(414) 278-7722

Legal Council for Elderly – AARP(202) 434-2120

Legislative Hotline.....(800) 362-9472

Leukemia & Lymphoma Society(800) 955-4572

Lifeline Sales & Service Center(888) 669-2273

Lupus Foundation of America Info Line(800) 558-0121

Medic Alert Foundation.....(800) 432-5378

Medicare (Wisconsin - Part B) & (carrier)(800) 633-4227
Includes: Durable Medical Equipment (glasses,
prescriptions, diabetic supplies)

Medigap Helpline(800) 242-1060

Mobile Home Complaints Dept. of Commerce(608) 576-6224

National Academy of Elder Law Attorneys(520) 881-4005

National **STD , AIDS, FLU & AUTISM** Hotline (CDC)
.....(800) 342-2437

TTY(800) 243-7889

Spanish.....(800) 344-7432

National **Arthritis and Musculo Skeletal & Skin Disease**
Information Clearinghouse.....(877) 226-4267

National **Asian Pacific** Center on Aging(206) 624-1221

National Association for **Continence**(800) 252-3337

National Association of the **Deaf**(301) 587-1788

National Association for **Hispanic** Elderly(626) 564-1988

National **Cancer** Institute.....(800) 422-6237

National Caucus & Center on **Black** Aged, Inc(202) 637-8400

National Center for **Vision** and Aging (Lighthouse)
.....(800) 829-0500

National Council on **Alcoholism and Drug Dependence**
.....(800) 622-2255

National **Diabetes** Information Clearinghouse (NIH)
.....(800) 860-8747

National **Digestive Diseases** Information Clearinghouse (NIH)
.....(800) 891-5389

National **Domestic Violence** Hotline(800) 799-7233

National Family **Caregivers** Assoc.....(800) 896-3650

National **Hospice & Palliative** Care Organization ..(800) 338-8619

National Institute on **Aging** (also Spanish).....(800) 222-2225
.....Fax (301) 496-1072

National Institute of **Mental Health**.....(800) 421-4211

National Brain & Resources Network(800) 352-9424

National **Kidney** Foundation of Wisconsin(800) 543-6393

National **Mental Health** Association.....(800) 969-6642

National **Multiple Sclerosis** –Waukesha(800) 344-4867

National **Osteoporosis** Foundation(202) 223-2226

National **Stroke** Association(800) 787-6537

Native Elder Health Care Resource Center(303) 315-9228

Office of Disease Prevention and National Health Information
Center (NHIC).....(800) 336-4797

Parkinson's(800) 972-5455

National Association for **Hispanic** Elderly(213) 202-5900

Senior Care Prescription Drug Asst Program(800) 657-2038

Senior Net (computer literacy)(800) 747-6848

Simon Foundation (Incontinence).....(800) 237-4666

Skin Cancer Foundation(800) 754-6490

Social Security(800) 772-1213

Social Security (local)(262) 542-7253

Veterans' Affairs(800) 827-1000

Homes and Services for the Aging(608) 255-7060

Wisconsin Council of the **Blind**(800) 783-5213

Wisconsin Division of Motor Vehicle.....(414) 266-1000

Wisconsin **Guardianship** Coalition of Aging Groups Support
Center.....(800) 488-2596

Wisconsin Legislative Hotline(800) 362-9472

Wisconsin State Bar Association (800) 362-9082

WEB SITES/ON-LINE INFORMATION

There are many Internet sites specializing in age-related topics. Here are some to get you started:

AARP www.aarp.org

Rights of Nursing Home Residents
..... www.aarp.org/research/longtermcare/resrights

Administration on Aging www.aoa.dhhs.gov

Age Net..... www.agenet.com

Alzheimer's Assoc–Southeastern WI..... www.alzheimers-sewi.org

American Heart Association www.americanheart.org

American Diabetes Association
Interactive Web-Based Tool <http://www.diabetes.org/home.jsp>

American Stroke Association..... www.strokeassociation.org

Assisted Living Info www.assistedlivinginfo.com

Benefits Checkup..... www.benefitscheckup.org

Caregiving.Com www.caregiving.com

CareGuide www.careguide.com

Center for Family Caregivers www.familycaregivers.com

CareSource www.caresource.com

Children of Aging Parents (CAPS)..... www.caps4caregivers.org

Children's Hospital of Wisconsin Poison Center..... www.chw.org

Caregiving Coping www.bhoffcomp.com/coping/

Department of Senior Services... <http://senior.waukeshacounty.gov>

Eldercare Locator www.aoa.gov/naic/elderloc.html

Eldercare Online www.ec-online.net

Elder Planning Café www.elderlifeplanning.com

Family Care America www.familycareamerica.com

Family Caregiver Alliance www.caregiver.org

Family Caregiver Resource Line of Waukesha County
..... www.waukeshacounty.gov

Foundation for Health in Aging www.healthinaging.org/

Geriatric Care Manager/Case Management. www.midwestgcm.org

Governor's Canadian Drug www.drugsavings.wi.gov

GROW-Grandparents Rights of Wisconsin
Grand Parents Again <http://www.grandparentagain.com>

Wisconsin Grandparent Support Center for
Kinship Care Givers..... www.grandplace.com

Home Care Organizer www.homecareorganizer.com

Homecare Online www.nahc.org

Immigration and Naturalization <http://www.uscitizenship.info>

Interfaith Caregiving Alliance www.interfaithwaukesha.org

Lighthouse-National Center for Vision and Aging.
..... <http://www.lighthouse.org>

Medicare www.medicare.gov

National Council on Aging www.ncoa.org

National Family Caregivers Association www.nfcacares.org

National Foundation for Depressive Illness www.depression.org

National Institute on Aging..... www.nia.nih.gov

National Mental Health Association www.nmha.org

National Osteoporosis Foundation www.nof.org

National Weather Service Office..... www.crh.noaa.gov

Social Security Administration www.ssa.gov

Social Security Website for women www.ssa.gov/women

Southeastern Wisconsin Area Agency on Aging
..... www.agingresource.com

Support Groups – National Self-Help Clearinghouse (NSHC)
..... www.selfhelpweb.org

Transitions Elder Care Consulting www.asktransitions.com

U.S. Department of Health and Human Services www.hhs.gov
Gateway to reliable nationwide information on health and human services.

Waukesha County Home Page www.waukeshacounty.gov
Quick links to all departments, services and information.

WI DOT Road Conditions www.dot.wisconsin.gov/travel/road

Wisconsin State Home Page www.wisconsin.gov
Quick links to all departments, services and information.

Following Four Sites are Geared Towards Women's Travel:

Explore Travel..... <http://www.exploretravel.com/>

Lutheran Homes of Oconomowoc www.lho.org

Senior Women's Travel www.poshnosh.com

Trip Spot www.tripspot.com

GOVERNMENT CONTACTS

United States Senators Representing Waukesha County

Russell D. Feingold (D).....(414) 276-7282
.....(202) 224-5653

Email: russell_feingold@feingold.senate.gov

Herbert H. Kohl (D).....(414) 297-4451
.....(202) 224-5653
.....(800) 247-5645

Email: senator_kohl@kohl.senate.gov

Waukesha County State Executive Officers

Governor James E Doyle (D)
.....(608) 266-1212

Lieutenant Governor Barbara Lawton (D)
.....(608) 266-3516

Secretary of State Douglas J. La Follette (D)
.....(608) 266-8888

State Treasurer Jack C. Voight (R)
.....(608) 266-1714

Attorney General Peggy A Lautenschlager (D)
.....(608) 266-1221

Waukesha County State Senators

5th District

Tom Reynolds (R)(414) 456-9230
.....(608) 266-2512
.....(866) 817-6061

Email: sen.reynolds@legis.state.wi.us

8th District

Albertal Darling (R)(262) 250-9440
.....(608) 266-5830
.....(800) 863-1113

Email: sen.darling@legis.state.wi.us

11th District

Neal Kedzie (R)(262) 742-2025
.....(608) 266-2635
.....(800) 578-1457

Email: sen.kedzie@legis.state.wi.us

13th District

Scott L. Fitzgerald (R)(920) 386-0260
.....(608) 266-5660
.....(888) 291-3489

Email: sen.fitzgerald@legis.state.wi.us

28th District

Mary A Lazich (R)(414) 425-9452
.....(608) 266-5400
.....(800) 334-1442

Email: sen.lazich@legis.state.wi.us

33rd District

Theodore J. Kanavas (R)
17570 Sierra Lane Brookfield 53045(262) 785-9187
.....(608) 266-9174
.....(800) 863-8883

Email: sen.kanavas@legis.state.wi.us

Waukesha County State Assembly

14th District

Leah Vukmir (R)(608) 266-9180
.....(888) 534-0014

Email: Rep.Vukmir@legis.state.wi.us

24th District

Suzanne Jeskewitz (R)(262) 251-9595
.....(608) 266-3796
.....(888) 529-0024

Email: Rep.Jeskewitz@legis.state.wi.us

31st District

Stephen L. Nass (R)(262) 495-7000
.....(608) 266-5715
.....(888) 529-0031

Email: Rep.Nass@legis.state.wi.us

33rd District
Position not filled at time of printing

38th District
Joel Kleefisch (R) (608) 266-8551
..... (888) 534-0038
Email: Rep.Kleefisch@legis.state.wi.us

83rd District
Scott L. Gunderson (R) (262) 895-6254
..... (608) 266-3363
..... (888) 534-0083
Email: Rep.Gunderson@legis.state.wi.us

84th District
Mark Gundrum (R) (414) 425-2596
..... (608) 267-5158
..... (888) 534-0084
Email: Rep.Gundrum@legis.state.wi.us

97th District
Ann M Nischke (R) (262) 896-9620
..... (608) 266-8580
..... (888) 534-0097
Email: Rep.Nischke@legis.state.wi.us

98th District
Scott R Jensen (R) (262) 798-0650
..... (608) 266-3387
..... (888) 529-0098
Email: Rep.Jensen@legis.state.wi.us

99th District
Don Pridemore (R) (608) 267-2367
..... (888) 529-0099
Email: Rep.Pridemore@legis.state.wi.us

Waukesha County Constitutional Officers

County Clerk
Kathy Nickolaus (262) 548-7010
..... Fax (262) 548-7722
Email: knickolaus@waukeshacounty.gov

County Treasurer
Pamela F Reeves (262) 548-7029
..... Fax (262) 896-8037
Email: preeves@waukeshacounty.gov

Sheriff
Dan Trawicki (262) 548-7122
..... Fax (262) 970-4732
Email: dtrawiki@waukeshacounty.gov

Clerk of Circuit Court
Carolyn T Evenson (262) 896-8525
..... Fax (262) 896-8228
Email: carolyn.evenson@wicourts.gov

District Attorney
Paul E Bucher (262) 548-7076
..... Fax (262) 896-8244
Email: Bucher.paul@mail.da.state.wi.us

Register of Deeds
Michael J Hasslinger (262) 548-7583
..... Fax (262) 548-7576
Email: mhasslinger@waukeshacounty.gov

Wisconsin Legislative Web Site: www.legis.state.wi.us
Call Toll Free (800) 362-9472

[illegible]

[illegible][illegible]